

# BANANAS

newsletter

JUNE-JULY-AUGUST, 2002, VOL. XXVII, #5



## REETINGS –

The promise of another summer stretches before us. Think now of all those things you kept saying like, “Oh, we’ll have to do that in the summer!” And, then make your calendar. Schedule in those non-monumental things, like picnics, that become monumental in our memories. See our article on page 4 for simple solutions for summer fun seekers.

We have been blessed with two BANANAS babies in the past two months. **Susannah Maddock** gave birth to **Henry Elliott Maddock** on April 11 and **Tracy Saechao** delivered **Zachary Suvannalath** on May 2. They are both mellow babies and have big brothers to guide them. Soon they will be on staff with us, at least until they walk!

We’re starting out the summer with a Big **BANANAS Bunch** mailing party. Look for our appeal in the mail. We use the funds to pay for activities which are unfunded or underfunded by government and foundation grants. We truly appreciate all donations – large and small. Thank you for your continued generosity!

Once again, we’ve expanded into more space on the second floor of our building. We’re very excited to have a new workshop room with up-to-date equipment (and natural light), a new space for our extensive library, more storage and a breakout room for staff projects. This move gives our staff a little more breathing room in our crowded downstairs office.

We are happy to announce two new sources of funding for our services. The **Child Care Initiative Project (CCIP)** has been expanded by the **State Department of Education** to every Resource & Referral agency (like BANANAS) throughout the State. The **California Child Care Resource & Referral Network** which has been administering CCIP since its inception will be coordinating this statewide effort to support, develop and train family child care programs in every community. Our assistance to families with children who have disabilities will also be enhanced in the next year. Funds from the state will be used to ensure child care services for more children with special needs/disabilities. We will write more about these projects in future newsletters.

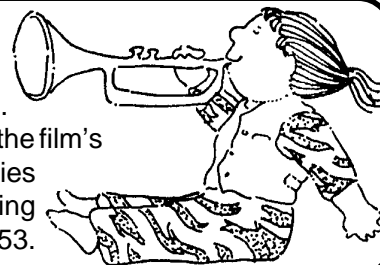
Two important reminders: The **Infant/Toddler Conference** on **June 21** and **22** at the Oakland Marriott is a rare opportunity for those who really work with babies to exchange information as well as get some hands-on, useful information for their very important work. Call 658-9189 for info. And, the **Alameda County Child Development Corps** is in the midst of its stipend application period. If you’re part of the Corps, remember to turn in your paperwork by **July 13**. If you have 6 units in Early Childhood Education and haven’t received an application, call 667-3960 for details.

We hope your summer is mellow and safe. Have a good time. **Happy Father’s Day**, Dads – see page 2 for some special workshops for you in June.

### SUNDANCE & SF FILM FESTIVAL ACCLAIMED FILM SCREENING HERE!

**Daddy & Papa**, a film by local dad **Johnny Symons**, will be shown at BANANAS on **Thurs., July 11** from **6:30-9 pm** (reception at 6:30; film at 7).

We are honored to present this award-winning documentary to you, thanks to the film’s director/producer. *Daddy & Papa* tells the stories of four different families headed by gay males and their day-to-day challenges in America with parenting and childrearing. Space is limited; pre-registration required by calling 658-7353.





## SUPPORT FOR PARENTS ON MONDAY NIGHTS

Join us at BANANAS for supportive and fun activities in **June** and **July**:

On **June 10th**, **Rudy Cockerham**, MSN, RN, will facilitate a support group for fathers on bonding, temperament, discipline, communication and lots more.

**June 17:** *Storytelling Night for Fathers* is a workshop led by **Hugo Lucero**, Assistant Mental Health Clinician for the Berkeley Mental Health Department. Learn different techniques on how to tell stories to your kids from this dynamic speaker! All those who attend will get *free* books on parenting.

**June 24:** *Fun with Paper* with **Fé Ponce** of BANANAS for an evening of simple book construction, card making and more. Materials will be provided but you're welcome to bring your own favorite papers.

In **July**, all the **Monday** night workshops will be in Spanish with **Angelica Guerrero**. In **August**, join us for a single parent support group Mondays, **7-8:30 pm**. See box below for preregistration information.

## SUMMER BOOTIES CAMP 2002

Just had a new baby or expecting one? This series of workshops is for you. Baby specialists will teach parents about *Baby Basics (July 2)*, *Choosing Infant Care (July 11)*, *Sleep (July 18)*, *Baby Language (July 25)*, *Baby Massage (Aug. 1)*. All these workshops are held on **Thursdays, 10 to noon** except for July 2 which is a Tuesday. You can register for one or more topics by calling 658-7353. Refreshments provided and bring baby, of course. See preregistration info below.

## DO YOU LIVE WITH A ONE OR TWO YEAR OLD?

Keeping up with active one and two year olds is a big challenge for parents and child care providers. Ones and twos can surprise parents with their energy, their developing personalities and the many stages they go through on the way from being a baby to becoming a toddler. **Meg Zweiback**, nurse practitioner, mom and *Parent's Press* columnist, will provide practical advice on this topic on **Wednesday, June 26, 7-8:30 pm**. See the box below for preregistration info for this popular workshop.

## ... OR A THREE OR FOUR YEAR OLD?

**Meg** returns on **Wednesday, July 10, 7-8:30 pm**, to address the questions and concerns of parents of those three and four year olds! Learn how to encourage and preserve the spontaneity, liveliness and curiosity of this delightful age group while teaching them how to cooperate and get along with others. Join **Meg Zweiback** for this workshop on **Thursday, March 1, 7-8:30 pm**. Meg always leaves time for questions, so bring yours! See box below.

## POTTY-TRAINING TIME WITH MEG ZWEIBACK

Get ready for the summer (and fall) with some valuable tips on this important milestone. **Meg** comes back on **Wednesday, July 17, 7-8:30 pm**, to provide parents with valuable insight and to share her common sense approach on parenting in general and her sense of humor regarding this challenging topic. She has even written a book all about toilet training! So bring your questions and concerns.



**WORKSHOP REGISTRATION INFORMATION:** Preregistration is required for these workshops, 658-7353. Limited child care is available as a service to families with no other alternatives. The fee for child care is \$5 per child and **you must register and pay one week in advance** to secure a child care reservation; scholarships are available. Please be on time to the workshops. **Note:** If you need any special accommodations in order to attend any of these workshops, please let us know at least two weeks before the event by calling Vicki, 658-7353.

## NEW LEGAL CLINICS FOR LESBIAN & GAY FAMILIES

Our Family Coalition, the San Francisco Bay Area's social and advocacy organization for lesbian and gay families, is sponsoring a series of free summer legal clinics here at BANANAS. The clinics will feature introductory presentations by local attorneys experienced in the areas of property law, children and adoption, and estate planning. Participants will have an opportunity to ask questions and receive referrals for further assistance. Come on the **second Tuesday** in **June, July** and **August, 7-8:30 pm** for:

**June 11:** *Real Property and Financial Asset Agreements* with **Frederick Hertz** and **Scott Levine**.

**July 9:** **Emily Doskow** and **Linda Scaparotti** will address *Children and Adoption Issues*.

**August 13:** **Diane Cash** and **Barbara Beery** will team up to discuss *Estate Planning*.

See registration information above.

## LEGISLATIVE SNIPS



Child care advocates are busy thanking various lawmakers for their assistance in keeping the child care piece of the budget whole this year. In a year with such a stupendous shortfall (\$23 billion at last count), it was a real tribute to the actions of many – parents, providers, advocates and elected officials – that child care’s budget remained relatively unscathed. All the hackles raised over the Governor’s proposals to “reform” (read “cut back”) child care were put to good use in keeping the status quo. Provider rates were not decreased, parent fees were not increased, eligibility for assistance was not lowered, Stage 3 was continued for another year... In short, VICTORY!!

Alas, advocates can never rest easy. Everyone knows that next year will be a real challenge in that the budget shortfall will undoubtedly continue, it won’t be an election year, and Federal shenanigans could create more of a crisis for child care in 2003-04.

On the Federal scene, the House passed a welfare reauthorization bill (HR4737) which includes \$300 million for experiments to promote marriage and continues a \$50 million program promoting abstinence. Welfare advocates are still hoping to convince the Senate that those funds should be devoted to programs which have been proven to lead people out of poverty, like job training and education. A provision from the original Welfare Reform bill (in 1996), the Family Violence Option, was eliminated in this version. This provision allowed welfare recipients access to services and time to deal with Family Violence issues in order to participate fully in Welfare Reform. The ball is now in the court of the Senate. Hopefully,

our Senators will push aggressively for more and better child care benefits as well as these recommended changes. Both of our Senators could use your encouragement. Call Senator Feinstein at (415) 393-0707 or (202) 224-3841 and Senator Boxer at (415) 403-0100 or (202) 224-3553. Or e-mail them at [senator@feinstein.senate.gov](mailto:senator@feinstein.senate.gov) and [senator@boxer.senate.gov](mailto:senator@boxer.senate.gov).

The “tempest in a teapot” created by the CBS lawsuit against the Department of Social Services regarding criminal records exemptions for people working in child care has cooled off somewhat (see BANANAS’ April-May, 2002, Newsletter). In the first heated moments, the Governor ordered the Department to stop all exemptions for six months, review the criminal background check procedures and adopt emergency regulations. Unfortunately, the Department issued a directive to all providers before the regulations were written telling providers to notify parents of all persons in their programs who have an exemption. That directive is no longer in place. Instead, providers are being advised to hold off on notifications until the Emergency Regulations are written. They may be available at the end of the summer. A major drawback to the current turn of events is that no one needing an exemption can receive one during this limbo period. This will probably slow down the much-needed expansion of child care services. Keep in mind when looking at this bewildering situation that there is no record of anyone with an exemption harming a child in child care. This is all due to the media’s lust for sensationalized news. Call us if you have questions; we’re trying to stay on top of every development.



### PARENT VOICES

Congratulations and thank you to the hundreds of parents who took the day off work on **Stand For Children Day** to visit the Capitol! Departing bright and early in the morning, a busload of energetic parents committed themselves to a day of child care advocacy. We conducted a press conference in the Capitol Press Room, held a rally on the Capitol Steps and spent the afternoon paying visits to elected officials. During those visits, parents told heartening stories about how quality child care had improved the lives of their own families

and their children. The day was celebratory, because the state budget contained much of the necessary child care funds for this year. But parents who do not receive child care assistance were able to explain to their legislators the importance of expanding child care to all those families on the “waiting list.” With hundreds of parents from all over the state, our Parent “Voices” were definitely heard! For more information on getting involved in future activities, call Kim or Tina at 658-7353.

## FUN LOCAL ACTIVITIES THIS SUMMER

We live in a great area for free and low-cost summer activities. If you have time off work this summer and want to enjoy our local treasures with your children, here are some suggestions from BANANAS' staff. Be sure to call ahead for hours, admission fees and accessibility.



- **Cover the waterfronts.** Visit the Adventure Playground at Berkeley Marina for a great rope swing and hammering and painting fun for schoolage kids. Take a walk to the end of the Berkeley pier at the foot of University Avenue or enjoy kite flying at Cesar Chavez Park. Watch the boats at Jack London Square in Oakland and Crab Cove in Alameda. At the San Leandro Marina, you can watch airplanes taking off from the Oakland Airport.
- **Take the dog to the dog park** at Point Isabel in Richmond, Hearst Ave. in Berkeley or under the freeway at Claremont and Hudson in Oakland.
- **Explore gardens**, like the Rose Gardens in Berkeley and Oakland, UC Botanical Garden (free on Thursdays) and lovely Blake Gardens in Kensington (open weekdays), which is the UC President's house.
- **Visit your neighborhood library.** Local libraries have summer reading games where kids get stickers and prizes. It's fun for kids to take an outing and bring home a stack of books of their choice.
- **View stars and planets**, free on the first and third Saturday of each month from 8-10 pm at Lawrence Hall of Science, Centennial Drive at Grizzly Peak, Berkeley, 642-5132. The new Chabot Space and Science Center, 10000 Skyline Blvd., Oakland, is free on the 1st Wednesday of the month, 336-7300.
- **Ride BART, AC Transit and Muni** instead of taking your car. You're helping the environment and kids love the experience of riding and talking with you.
- **Hike in East Bay Parks** like Redwood, Roberts and Tilden. Push the stroller around Lake Merritt in Oakland and feed the ducks. Take a short ride to Lafayette Reservoir (Mt. Diablo Blvd. off Highway 24) – pay for parking at the top of the hill and walk around the reservoir.
- **Take picnics to neighborhood parks.** Have spontaneous picnics anywhere and everywhere.
- **Swim at Park and Recreation pools** in your city, Lake Anza in Berkeley or Lake Temescal in Oakland. Sign your child up for lessons at your local pool. You can catch up on your summer reading while your child is learning to swim.
- **Visit the Golden State Model Railroad Museum** in Point Richmond (through the tunnel and across from Miller-Knox seashore), 234-4884.

- **Visit Children's Fairyland** at Lake Merritt in Oakland – this is where Walt got the idea for Disneyland but it's on a much smaller scale with puppet shows and interactive nursery rhymes, 452-2259.
- **Walk around Chinatowns** in Oakland and San Francisco, very accessible by public transportation.
- **Ride the historic merry-go-round**, ponies and steam train at Tilden Park, 524-6773.
- **Ride bikes** on Lookout Point trail in Tilden. Take scooters or bikes on the bike path starting at Point Isabel – it passes a great beach for crab hunting and ends at a playground.
- **Explore the UC campus** – it's a great place for families. For a small fee, take an elevator to the top of the Campanile tower in the center of campus. Climb the stairs to the bell tower for a view of the campus and the Bay Area from Mount Tamalpais to the Bay Bridge. Go on the hour to hear the bells.
- **Attend an outdoor music event** like Swans Blues Song Summer Series, Wednesdays in June, 9th & Washington, Oakland or Home Grown Blues Summer Series, Wednesdays in July and August at 9th and Broadway, both from 7:30-9 pm, 836-2227.
- **Enjoy the great museums** in the area. The Oakland Museum, 10th and Oak Streets, is free on the second Sunday of each month, 238-2200. The San Francisco Museum of Modern Art, 151 Third St., is half price Thursday evenings and free the 1st Tuesday of the month, (415) 357-4000. At the SF Cartoon Art Museum, 655 Mission Street, you can pay what you wish on the 1st Tuesday of the month, (415) 227-8666. The Exploratorium, 3601 Lyon St., San Francisco, has great science and art events and is free the 1st Wednesday, (415) 563-7337.
- **Get out easels and create your own art** in the backyard or use giant chalk for sidewalk art.
- **Discover animal and insect life.** Catch bugs at Jewel Lake in Tilden Park or visit the Vivarium store on 5th Street in Berkeley to see reptiles and talk with the interesting people who work there!
- **Take a ball to the park** and throw or kick it around. Watch a soccer game or baseball game at the park, discuss the rules and play your own informal game.
- **Plant vegetables**, care for them, harvest them together and enjoy the bounty. Visit the many farmers markets in the area and talk to the sellers about their farms.

The bay area is a natural wonderland where you can discover marvelous things in yards, in parks, at the seashore and forests. Don't overbook yourself, relax with your kids and think of things you enjoy to share with them. This list is limited; check our calendar on pages 6 & 7 for important summer resources. Have a wonderful summer!



**ONGOING BANANAS' EVENTS:** For more information or to register, please call 658-7353. All of these events are held at BANANAS, 5232 Claremont Avenue, Oakland.

**Choosing Infant Care Workshop:** Choosing child care for a baby can seem a difficult and scary responsibility. This workshop will help parents understand the options and give support in selecting appropriate care. The next workshops are **Thursdays June 13, July 11 and Aug. 8 at 10 am.** A nighttime workshop will be held **Thurs., June 27, 7 pm.** Baby is welcome!

**How Does Your Baby Grow – Sleep Patterns:** **Betty Cohen, MSW,** will discuss sleep & sleep problems with new parents of children under 18 months of age **Thursday, July 18.** This group begins at **10 am;** please call 658-7353 to sign up. Babies are welcome.

**Family Child Care Provider Orientation:** Anyone who wants to obtain a family child care license must attend a Dept. of Social Services meeting on the 2nd or 3rd Thurs. of each month, at 1 pm. Information on BANANAS' services is also given. Participation is limited to the **first 30 people who make a reservation,** 658-7353. We begin taking reservations for the following month on the 1st working day of the month. DSS allows no children.

**Babysitter/In-Home Caregiver Orientation in Spanish:** BANANAS ofrece juntas de orientación en español para niñeras. Para más información llámenos al teléfono 658-7353. Las fechas son **martes, 18 y 25 de junio, 23 y 30 de julio y 20 y 27 de agosto de 2002 a las 2 pm.**

**Babysitter/In-Home Caregiver Orientation in Vietnamese:** BANANAS sẽ giới thiệu và giúp đỡ các bậc cha mẹ trong việc tìm kiếm nhà trẻ và dịch vụ chăm sóc trẻ em. Thông tin chi tiết xin gọi số 658-7353. Các buổi học sẽ diễn ra vào ngày **Thứ 7, 19 Tháng 6, 21 Tháng 8, 1 lúc 2 giờ trưa.**

• **15 Hour Health/Safety Course - Lớp Chăm sóc Sức khỏe và an toàn cho trẻ em,** 15 giờ, gồm 2 lớp học dành cho các bậc cha mẹ và các cô giáo mầm non hay làm việc với trẻ em. Buổi học sẽ diễn ra vào ngày **Thứ Bảy, 31 Tháng 8, từ 9 giờ sáng đến 5 giờ trưa.**

**到家保姆登記日 Babysitter/In-Home Caregiver Orientation in Chinese:** 華語星期二, 四, 英語星期五早上十時正 (約一小時) 請預備兩位居美僱主或朋友的姓名, 地址及電話作保薦。

**Teenage Babysitting Class:** Gives an introduction to child development and practical babysitting hints on **Tuesday, July 16, 4-5:30 pm.** Pre-teens are welcome but you must be 13 to be in our teen babysitting file.

**Parent First Aid and Emergency Care For Babies and Small Children:** Learn lifesaving techniques from a first aid specialist. Each class is offered in two sessions. The first session addresses safety and first aid. The second session is on Infant-Child CPR. Both sessions are **4-7 pm.** A class will be held **Sunday, July 14 & Thursday, July 18** and another class on **Sundays, Sept. 15 and 22.** You must send a *reg. form* & a *check* payable to BANANAS to reserve a space. Fee: \$30; \$50 for parent-couples.

**Provider Child Care Health & Safety Courses:**  
**•15 Hour Course Which Is A Licensing Requirement:** offered on **Sundays** in 3 modules:  
 1) **CPR (July 14, Aug. 4, or 11), 10-3:30 pm;** \$50,  
 2) **First Aid (July 21, August 18), 10-3 pm;** \$35,  
 3) **Preventive Health (July 28, August 25), 10-3 pm.\***

\*In order to register and get credit for the BANANAS' Preventive Health module, providers must also take CPR and First Aid from BANANAS. All 3 modules: \$100. Call for registration form.

**CPR Classes in Spanish & Chinese – see page 9**  
**CPR Classes in Vietnamese – see left column**

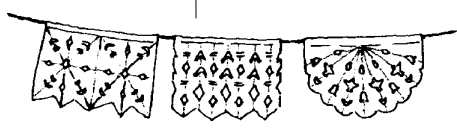
We are looking for Health and Safety Instructors who are certified to teach CPR, First Aid and Preventive Health for our Sunday classes; call Anh, 658-7353.

**RAISING A SPIRITED CHILD**

Learn how temperament affects children's behavior and how to live and work with inborn traits, focusing on children ages 1-5 years. The series, with **Helen Neville, BS, RNP,** and **Sue Jensen, RNP,** begins on **Thursday, September 12** and continues through **October 24, 7-9 pm.** This is a collaboration with Kaiser Hospital; Kaiser members pay \$20 and non-members pay \$40. Call 752-1456 to register.

**POSITIVE PARENTING IN THE FALL**

Sign up early for this popular 8-week series facilitated by **Madeline Meyer Riley, LMFT** and former family child care provider! The parenting class runs from **Monday, September 9** through **October 28** from **7-8:30pm**. You can learn simple, practical and playful approaches to raising healthy, competent children. Call 658-7353 to register. See box on page 2 for child care information.



## WHERE TO CALL FOR SUMMER ACTIVITIES

*There is more information in our office; call our child care referral line 658-0381, or come by.*

**East Bay Regional Parks** – General information, swimming: 635-0135; campground information & reservations/Family Camping: 562-CAMP; camperships: 544-2512; picnic space reservations or information about other programs: 636-1684.

**Park & Rec. Departments** – Albany: 524-9283; Alameda: 748-4565; Berkeley: 981-5150 (recreation programs), 981-5140 (camps); Emeryville: 596-4395; Oakland (*FUNTIMES Summer Program Guide*): 238-PARK, 238-3791, 238-3494 (sports); Piedmont: 420-3070.

**YMCAs** – Albany: 525-1130; Berkeley: Downtown, 848-9622; S. Berkeley, 843-4280; Oakland: Downtown, 451-9622; Eastlake, 534-7441; M. Robinson Baker, 654-9622.

**Libraries** – Albany: 526-3720; Alameda: 748-4662; Berkeley: Main Children's Room, 981-6223 or your local branch library; Oakland: Main Library, 238-3615, Asian branch, 238-3400, Cesar Chavez branch, 535-5620 or your local library; Kensington: 524-3043.

**Children's Clubs** – Alameda Boys and Girls Club, 522-4900; Girls Inc, 521-1743; Boy Scouts, Oakland, 577-9000; Piedmont Cub Scouts, 547-4493; Camp Fire, 655-7388; Girl Scouts, 562-8470; Oakland Boys and Girls Club, 444-8211.

**4-H Programs** for 5-18 year olds (programs for raising and caring for animals and livestock, service projects, recreation and social activities, cooking, gardening, mechanics and education programs, exhibits at camps and fairs) – Oakland: East Hills 4-H, <http://members.theglobe.com/easthills4h/>; Alameda: 639-1370; Alameda County: [www.4-h.org/fourhweb/states/california/alameda.htm](http://www.4-h.org/fourhweb/states/california/alameda.htm)

**Swimming Pools/Beaches** – Oakland: 238-2196, Temescal, 597-5013; Fremont, 535-5614; Lions (Diamond Park), 482-7852; De Fremery, 238-2205; Live Oak, 238-2292; Berkeley: King, 644-8518; Willard, 644-8519; West Campus, 644-8520; Berkeley High School, 644-6843; Strawberry Canyon, 643-6720 or 643-7470 (UC Pool Hotline); Alameda: Emma Hood, 522-8107; Encinal, 522-4590; Albany: Memorial, 559-6640; Piedmont: Piedmont Swim Club, 655-5163; East Bay Regional Park District: 562-PARK, 636-1684 (swim lesson registration); Crown Beach, Alameda 521-7090; Lake Anza in Tilden Park or Lake Temescal or Roberts Pool in Oakland, 482-6027.

**Sports Leagues** – Berkeley/Albany: Girls Softball, 869-4277; Baseball, 981-5150; Soccer, 848-1339; Berkeley Police Activities League (multi-sports), 644-7730;

Berkeley Youth Alternatives (multi-sports), 845-9066; University Village Sports Office (Albany), 524-4926. Oakland: City of Oakland Youth Sports Programs: 238-3494 (sports offered: Neighborhood Basketball League & City-Wide Elementary Basket-

ball, Oakland Young America Baseball & T-Ball, Summer Youth Rowing, Flag Football); Oakland Junior Hockey Club, 268-9000; East Oakland Boxing Association, 569-7808; North Oakland Little League, 655-6565; Oakland Babe Ruth Baseball, 639-7792; Bobby Sox Girls' Softball, 339-7268; Oakland Police Activities League Basketball, Football, Dance or Fishing, 879-2154; Sports4Kids Basketball, 893-4180. Alameda: Little League, 522-7020; Soccer Club, 337-9183.

**Sports4Kids**: [www.sports4kids.org](http://www.sports4kids.org) (website listing sports programs for youth, with all of the above and more!)

## ADDITIONAL RESOURCES

### Northern Alameda County

Ala./Oak.Ferry, 522-3300, ride to SF or Angel Island  
Alameda Children's Musical Theatre, 521-6965  
Alice Arts Center, Oakland, 238-7219  
Asian Pacific Cultural Center, 208-6080  
CAL Adventures, Berkeley, 642-4000  
College of Arts and Crafts, Oak., 594-3710, (Jr. High/HS)  
Chabot Space & Science Center, Oakland, 530-3480  
Children's Fairyland, Oakland, 452-2259  
Crab Cove, Alameda, 521-6887, events, activities  
Cultural Arts, Oak, 238-2103  
Dunsmuir House & Gardens, Oakland, 615-5555  
East Bay School of the Arts, Emeryville, 652-3727  
Ecology Center/Berkeley Farmers' Market, 548-3333  
Habitot Children's Museum 647-1111  
Hall of Health, Berkeley, 549-1564  
Jack London Square Information Line, 814-6000  
Jewish Community Services, Oakland, 658-9222; Berkeley-Richmond JCC, 848-0237  
Julia Morgan Center, Berkeley, 84-JULIA  
Junior Center of Arts & Sciences, Oakland, 839-5777  
La Peña, Berkeley, 849-2572  
Lake Merritt Boathouse, Oakland, 238-2196  
Lawrence Hall of Science, Berk., 642-5132, 642-5134  
Museum of Children's Art (MOCHA), Oakland, 465-8770  
Oakland Convention & Visitors Bureau, 839-9000  
Oakland Museum, 238-2200, Educ. Dept.: 238-3818  
Oakland Police Dept., 238-3641, free activities for youth  
Oakland Zoo, 632-9525  
Rotary Nature Center, Oakland, 238-3739  
Shorebird Nature Center & Adventure Playground, Berkeley, 644-8623  
Strawberry Canyon, Berkeley, 643-6720; pool: 643-7470  
Studio One, Oakland, 597-5027  
Tilden Environmental Center, Berkeley, 525-2233  
UC Berkeley, 642-INFO; Botanical Gardens: 643-2755;  
Cal Performances: 642-9988; Art Museum: 642-0808  
Yoshi's, Oakland, 238-9200, Sunday jazz matinees

### Other Bay Area

Ardenwood Historic Farm, Fremont, 796-0663  
Bay Area Discovery Museum, Sausalito, (415) 487-4398  
Crissy Field, SF, (415) 561-7752, [www.crissyfield.org](http://www.crissyfield.org)  
Exploratorium, SF, (415) 561-0360  
Headlands Institute, Marin, (415) 332-5771



Lindsay Wildlife Museum, Walnut Creek, (925) 935-1978  
 Slide Ranch, Marin Co., (415) 381-6155  
 SF Bay National Wildlife Refuge, 792-0222  
 SF MOMA, (415) 357-4097  
 SF Zoo, (415) 753-7080  
 Tech Museum of Innovation, San Jose, (408) 294-TECH  
 Zeum, SF, (415) 777-2800 or www.zeum.org

**Special Summer Performances**

Make\*A\*Circus, makeacircus.org, (415) 242-1414  
 Shakespeare in the Park, sfshakes.org, (415) 422-2222  
 Stern Grove Music, SF, sterngrove.org, (415) 252-6252  
 SF Mime Troupe, sfmt.org, (415) 285-1717  
 Woodminster Summer Musicals, Oakland, 531-9597

**JUNE**

10 & 17 **Dads' Nights at BANANAS**, see page 2  
 11 **Family Law Clinic**, see back page for dates & info.  
 11, 7/9, 8/13 **Gay and Lesbian Legal Clinics**, page 2  
 16 **HAPPY FATHERS DAY** – Celebrate with a Dad!  
 19 **JUNETEENTH** – 6/9, Oak. Zoo, 632-9525 ext. 132;  
 6/16, Berkeley, 655-8008, 654-1461; 6/16, Oakland  
 Museum, 238-2200 or Education Dept., 238-3818  
 21-22 **Infant/Toddler Conference**, see Greeting  
 21-7/7 Alameda Co. Fair, Pleasanton, (925) 426-7681  
 24 **Fun with Paper Parent Workshop**, see page 2  
 26 **Ones & Twos with Meg Zweiback**, see page 2  
 29-30 **LGBT Pride 2002 Celebration**, SF, Parade 10:30am  
 on Sunday, (415) 864-FREE

**JULY**

1, 8, 15, 22, 29 **Parenting Classes en español**, p. 2 & 9  
 2, 11, 18, 25, 8/1 **Booties Camp**, see page 2  
 4 **HAPPY 4TH OF JULY** – BANANAS closed  
 Fireworks: Berkeley Marina, 548-5335; Jack London  
 Square, 814-6000; SF, (415) 777-7770  
 Celebrations and Parades: Alameda, Mayor's Office,  
 748-4545 or Parks & Rec., 748-4565; Albany, 525-  
 1771; Piedmont, 420-3070; Ardenwood, 796-0663  
 6, 13 & 20 **UC Davis FCC Classes**, see page 7  
 10 **Threes & Fours with Meg Zweiback**, see page 2  
 11 **Daddy and Papa Film Screening**, see page 1  
 17 **Toilet Training with Meg Zweiback**, see page 2  
 27, 8/3 & 10 **UC Davis FCC Classes en español**, p. 9  
 27-28 Kite Festival, Berkeley Marina, 235-KITE



**AUGUST**

5, 12, 19, 26 **Single Parent Group**, see page 2  
 10-25 Berkeley Arts Festival, 665-9496  
 20 **In-Home Support Group**, see page 9  
 22 **3-unit Merritt Class** begins, see page 9  
 24-25 StreetFest, Oakland Chinatown, 893-8979

**SEPTEMBER**

**Merritt Classes in Spanish, Chinese, Vietnamese**  
 2 **LABOR DAY** – BANANAS closed  
 3 **ESL Classes** begin, see page 7  
 9 **Positive Parenting Classes** begin, see page 5  
 12 **Spirited Child Series** begins, see page 5

➔ **Please see page 5 for Ongoing BANANAS' Workshops**

**UC DAVIS CLASSES FOR FAMILY CHILD CARE**

BANANAS is offering English and Spanish classes for family child care providers in July and August. The classes in English, with **Madeline Meyer Riley**, LMFT and former family child care provider, cover the following topics: *Business Practices* on 7/6, *Setting Limits* on 7/13, and *Partnering With Parents* on 7/20. On 7/6 and 7/13, the classes run from 9 am to 1 pm; on 7/20, the class runs from 9 am to 4:30 pm. Call 658-7353 to register; space is limited. See page 9 for classes in Spanish.

**DO YOU USE AN IN-HOME CAREGIVER?**

BANANAS is looking for parents who use in-home care and know the ropes about filing with the Federal and State governments who would be willing to talk to parents who are just beginning to use in-home care.



Do you have a few minutes now and then to share your wisdom about pay and taxes with others? Please call 658-0151 and leave your name and phone number and we'll get back to you.

**WE APOLOGIZE ABOUT "MACS FOR KIDS"**

In the February-March issue, we ran a small item about Macs for Kids, which (we thought) was offering low-cost computers for centers and family child care homes. Several providers have called us to complain that their checks were cashed but they have not received computers. Although the website looked legitimate, we should have researched the company more thoroughly before putting the notice in our newsletter. We're very sorry. Please call the LA area Better Business Bureau, (909) 835-6064 or www.labbb.org and the CA Attorney General, (800) 952-5225 to report any loss of money.

**FALL ESL CLASSES FOR PROVIDERS**

Would you like to expand your business to the English-speaking community and improve communication with parents? BANANAS has Intermediate ESL for Child Care Workers on **Tuesdays, September 3** through **October 22** from **6:30-8:30 pm**. Please plan to attend all 8 sessions. Call 658-7353 to register. Parents: think of caregivers you know who would benefit from this class.

# BANANA Splints

## Judy Calder R.N.



Dear Judy,

I was updating all the forms for our center when I noticed the Physician's Report Form no longer has a space for the TB Test results. Instead it has a box for "TB Risk Factors." Does that mean I don't have to require a TB test for children entering the program?

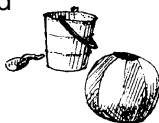
Adrienne

Dear Adrienne,

You are right. The Tuberculosis Skin Test (TST) is no longer required for children entering child care programs and a TB risk assessment done by the health provider is sufficient. The Physician's Report form (# LIC 701-revised 8/01) can be obtained from the regional office by calling 622-2602 or can be downloaded from the Community Care Licensing website ([www.dss.cahwnet.gov/getinfo/pubintro](http://www.dss.cahwnet.gov/getinfo/pubintro)). It has a box for recording the results of the risk assessment and will indicate whether a TB test is necessary and whether the child is not contagious.

Tuberculosis rates in California and Alameda County have been declining over the years and a new strategy for TB screening is being used. Targeted skin testing is more efficient, less costly and less anxiety producing. It involves identifying individuals at high risk and testing them. It focuses on adults in a child's environment rather than the child who is rarely contagious. A health provider will ask the parent a series of questions (listed on the back of the LIC 701 form) at the time of the physical exam, such as, do you:

- Have a family member or contacts with a history of confirmed or suspected TB?
- Live in a foreign-born family from high-prevalence areas (Asia, Africa, Central and South America)?
- Live in an out-of-home placement (e.g., homeless shelter)?
- Have an HIV infection or live with an adult with HIV positivity?
- Live with an adult who has been in jail in the last 5 years?
- Live among, or are frequently exposed to, individuals, who are homeless, migrant farmers, users of street drugs, or residents in nursing homes?
- Have abnormalities on chest X-ray



suggestive of TB?

- Have clinical evidence of TB?

It is important to know the signs of TB since the attention is now focused on identifying adults who may be at risk to have TB and therefore a risk to children. The signs are: a prolonged mucus-producing cough (longer than 3 weeks), chest pain, coughing up blood, fever, chills, night sweats, appetite loss, or fatigue, especially in the presence of the risk factors listed above. All staff and volunteers who have more than 10-16 hours of close contact with the children should have a TB skin test.

The usual recommendation is for staff to have a repeat TB test about every 4 years. However, all staff and volunteers should annually review the risk factors and if they have any over the past year (e.g. volunteering at a homeless shelter, or travelling to a high prevalence country), be evaluated for a TB test by their health provider.

Although tuberculosis is a disease that is on the decline in the United States, it is still high in Alameda County and we need to be vigilant and protect children. Focusing our attention on the adults in a child's environment is an efficient way to do that. Should you wish additional information you can call me at 208-5963 or the Alameda County TB unit at 208-5940.

Yours in Sickness and Health, Judy

Just a reminder about summer safety hazards:

- Never leave kids unattended in hot cars.
- Don't let a child under age 10 cross the street alone.
- Teach children to obey traffic rules as pedestrians.
- Supervise your children at playgrounds or in the backyard.
- All children should use sunscreen to protect against harmful ultraviolet rays.
- Always make sure children are wearing bike helmets when riding bikes, trikes or scooters, even when they're in the driveway or on the sidewalk.
- Ensure children wear the right, properly fitted protective gear when they practice and play team sports.

## FAMILY CHILD CARE PROVIDERS & TEACHERS:

Are you getting it together to apply to the Child Development Corps? If you have 6 early childhood units or higher, work at least 20 hours a week with young children, and have worked continuously for the past 9 months, you can get a stipend ranging from \$500 to \$5100. All center directors and family child care homes in Alameda County received applications in May. Application period: May 13-July 13. For information and help, call the Every Child Counts office at 667-7451.

## YOUR CAREER ADVOCATE IS HERE TO HELP

Need help finding the right courses and workshops for your professional growth? Looking for career advice and support? New perspectives on ethical dilemmas? Call Marion Cowee, Career Advocate, at BANANAS, 658-7353.

## SUBSTITUTE TEACHER LIST AT BANANAS

If you are interested in working as a substitute teacher or aide, part-time, full-time, in centers or family child care homes, make an appointment with Marion Cowee, 658-7353 to get on our list. If you are a licensed family child care home or center, you can subscribe to the list updated on a monthly basis.

## MERRITT CHILD DEVELOPMENT CLASS BEGINS

Introduction to Early Childhood Education (CHDEV 50), a 3-unit Merritt College class, starts at BANANAS on **Thursday, August 22** from **4-7 pm**. The instructor, **Christine Olsen**, will cover the history of the child development profession, being a professional child care worker and developmentally-appropriate practice for young children. Call 466-7368 to register. BANANAS also offers 1-unit child development classes in English, Spanish, Chinese and Vietnamese.

## SUPPORT GROUP FOR IN-HOME CAREGIVERS



This new group offers support and guidance to caregivers who may feel isolated caring for one or two children in their employer's homes. Topics include personal and employment issues and infant/toddler caregiving. Come on **Tues., August 20, 7-8:30 pm**. Call Aregash, Blanca or Carmen at 658-7353 to register. Parents, please tell your caregivers.

### WE HAVE A WINNER!

Congratulations to Yueh San Liang of Oakland, who won the drawing of a \$100 Lakeshore gift certificate for providers who returned their update postcards in a timely manner.



**¿HABLA ESPAÑOL? – BANANAS' Services to Spanish Speaking Caregivers and Parents** Para más información o inscripción para cualquiera de las clases siguientes, llame al 658-7353.

**Child Development Corps** ofrece estipendios para personas que trabajan en centros infantiles o cuidado infantil hogareño en el condado de Alameda que ha tomado clases sobre el desarrollo infantil.

**Clases de salud y seguridad** – La próxima serie de clases en español será los sábados **17 y 24 de agosto y 7 de septiembre**.

**Infant/Toddler Conference** – Esta conferencia, patrocinada por el Consorcio de Bebés y Niños Pequeños, será en Oakland el **21 y 22 de junio del 2002**. Habrá talleres en español. Llame al teléfono 658-9189 para más información.

**Clases para padres de familia en español**. Fechas: **los lunes 1, 8, 15, 22, 29 de julio, 6:30-8:30 pm**.

**Clases para proveedoras de cuidado infantil hogareño** – BANANAS presenta 3 clases en español ofrecidas por la Universidad de California de Davis. Fechas: **27 de julio, 3 y 10 de agosto**.

**Clases de inglés para personas que cuidan niños** 8 sesiones del nivel intermedio, los **martes de 6:30 a 8:30 pm**, el **3 de septiembre hasta el 22 de octubre**.

**Cursos de Merritt en BANANAS** – Para registrarse llame a Sylvia Espinosa al teléfono 536-1830. **Desarrollo Infantil: 0-3 años**, un curso de 1 unidad ofrecido en español, empezará el **13 de septiembre**. Código del curso: M0792.

**香蕉中心華語服務 BANANAS' Services to Chinese-Speaking Caregivers and Parents**  
請電 658-7353 查詢

1. 養兒育女座談會: 5/25, 6/1 星期六下午三時半至五時半. 歡迎家長們參加.
2. 嬰幼兒聯會大會: 為關心嬰幼兒的人士而設. 6/21, 6/22 星期五,六,在屋崙市 Marriott 旅館
3. 嬰幼兒健康安全與托兒訓練課: 日期在 8/31, 9/1,9/7. 證書到期者,請盡速報名.
4. 致家長的信中文專刊,來信索取自閱或轉贈家長.最新題目: "出外.....看天氣","如何申請托兒津貼", "電腦與孩子的成長".

## BANANAS' NEWSLETTER ANNOUNCEMENTS

**BANANAS' ANNOUNCEMENTS are a service to the public. We do not endorse or guarantee any services offered. Space is limited and all announcements are subject to editing. First priority goes to free services and/or to services for parents. Our deadlines: August 10, October 10, January 10, March 10 and May 10.**

### BANANAS' ANNOUNCEMENTS

- BANANAS' referral policy is available to any provider or parent upon request. It addresses our referral philosophy & how programs are included or removed from our files.
- OFFICE VOLUNTEERS NEEDED, call Tasha at 658-7353.

### PROVIDER ANNOUNCEMENTS

Center Directors' Roundtable meets the third Thursday of the month, September through May. The next meeting will be on **September 19, 9:30-11:30 am**. Call Judy, 658-7353, for more information.

**Family Day Care Associations:** — call for meeting times, locations and services:

- Alameda Family Day Care Association, 521-3997
- Berkeley/Albany Licensed Day Care Operators Association (BALDCO), 549-1223
- Oakland Licensed Day Care Operators Assn., 658-2449
- CHILD CARE CENTER ORIENTATIONS are held in the DSS office in downtown Oakland; call 622-2617 for a schedule. Call BANANAS for assistance after you attend the orientation.
- COMMUNITY RESOURCES FOR SCIENCE helps elementary school teachers get connected with resources to support science teaching, 663 13th St., Oakland 94612, 273-0290.
- MAKING MOVABLE BOOKS IN THE CLASSROOM, Mon. & Tues, July 8-9, 10 am to 5 pm, \$180 plus \$15 materials fee and "Making Surprise-filled Books with Children," Wed., July 10, 10 am to 5 pm, \$95 plus \$10 materials fee, SF Center for the Book, 300 DeHaro St., San Francisco, 94103, (415) 565-0545.
- TAKE A FIELD TRIP TO BERKELEY BLACK REPERTORY GROUP, performing Da Wiz, July 8th-Aug. 8th, 10 am & 1:30 pm M-F except Wednesday, call by 6/14, Tiffany McCormick, 652-2120.
- INSECTS AND CRAWLING CREATURES Educator's Workshop, Tilden Nature Area, 9 am to 3:30 pm, June 25-27, for grades K-5, reg. required: 636-1684, \$100-110.
- MONTESSORI INSTITUTE OF ADVANCED STUDIES, 1101 Walpert St., Hayward 94541, welcomes your teachers for training, 581-3729.
- ADVANCED SEMINARS FOR EARLY CHILDHOOD LEADERS, Policy-Makers and Administrators, July 7-26, Wheelock College, Boston, MA, (617) 879-2311.
- TEACHING MUSIC TOGETHER WORKSHOPS, July 19-21, Santa Rosa, CA, (800) 728-2692 x322, www.musictogether.com.
- CHILDHOOD INJURY CONTROL CONFERENCE, Sept. 23-25, Radisson Hotel, Sacramento, (619) 594-3691.
- FUNDRAISING DAY 2002, Hyatt Regency, San Francisco, Thurs., June 27, (707) 526-5383 for registration questions, ali@fundraisingday.org.
- COMMUNITY-BASED ORGANIZING OF WORKERS Conference, Tues., June 18, 9-5:30, International House, UC Berkeley, Center for Labor Research and Education, 642-1851.
- CHILD WELFARE SERVICES: Strategies to Improve Preventive Treatments, Child Placement Services and Community Programs, June 24-26, San Francisco, National Institute for Government Innovation, (888) 670-8200.
- 3-UNIT CHDEV 50 CLASS OFFERED AT ENCINAL HIGH SCHOOL in Alameda through Merritt College this summer, instructor Sandra Zehaye, call Marva at 521-3997 for info.
- CALIFORNIA'S FOCUS: FAMILY STRENGTHS Family-Centered Services Conference, Aug. 26-28, Sacramento Convention Center, CA Dept. of Social Services and Office of Child Abuse Prevention, (800) 858-7743.
- CREATIVE CURRICULUM CONNECTING TO YOU Conference presented by Teaching Strategies, Los Angeles June 25-28, www.TeachingStrategies.com/Conferences.

- NATIONAL ASSOCIATION FOR FAMILY CHILD CARE 20th Anniversary Celebration, July 24-28, Town and Country Resort, San Diego, early bird registration by 6/17, NAFCC, 5202 Pinemont Drive, Salt Lake City, Utah 84123, More info call Sue Stevens, (303) 666-8774.

**(HELP!! – PARENTS WHO ARE LISTED IN OUR OFFICE** looking for Shares, Playgroups, Exchanges, or offering babysitting or live-in jobs can help us by calling when you no longer need to be listed, 658-7353. These are very popular files & they need to be up-to-date. If we don't hear from you, we will discard your card after 6 months.)

### PLAYGROUPS WANTED (Date = child's birthdate)

Alameda, 10/01, weekdays & possibly Sat, Mark & Lia, 521-8548  
Sequoyah Heights & nearby, 3/98, one AM/wk, 639-0756

### EXISTING PLAYGROUPS (Date = child's birthdate)

Oakland/Children's Hospital, 0-3 years old, Wed., 9:30-11:30 am, held at Parent Infant Program, 8 children with special needs and 7 who are typically developing, Martin or Karen, 655-9521.

### EXCHANGES WANTED (Date = child's birthdate)

Alameda, 1/96, M-F 12-3:30 pm, Michell, 814-1047  
Alameda/Oak, M-F 8 or 9 to 1:30, Julie, 522-0220  
Albany, 12/96, eves/wkends occasional, Beth, 524-5206  
Berkeley, 11/99, days & eves flex, Lisa, 848-7497  
Berkeley, 1/98, eves & wkends, Bill, 845-6985  
Emeryville, 8/97, eves & wkends flex, Linda, 654-2255  
Oakland, 6/96 & 7/98, M & T flex, Cristina, 261-8335

### LOOKING FOR SHARED SITUATIONS (No sitter hired)

(Date = child's birthdate, f-t= full-time; p-t = part-time)  
N Berk/Albany, 11/01, M-F f-t, Tonya & Peder, 524-9892  
Berkeley, 5/01, flex, Dove, 649-9758  
Berkeley, 9/00, M-F p-t, Jon, 849-9902  
Berk/Elm/Clare/Rock, 10/01, MTTh f-t, Thomas, 549-0555  
Oak/Berk/Emery, 3/02, M-F f-t, Brett or Martin, 595-1672  
Lake Merritt/Pied/N Oak, 2/02, MTF f-t, Dina, 465-5996  
Piedmont, 3/01, M-F p-t, Susan, 451-1812  
Montclair, due 6/02, M-F f-t, Mindy, 531-1981

### SHARED ARRANGEMENTS OFFERED (Sitter hired)

Alameda, 12/01, M-F f-t, Joan, 337-0825  
Alameda/Oak, 12/01, M-F f-t or p-t, Lynne, 769-7656  
Albany/N Berk, 7/01, M-Th flex, Jennifer, 526-6366  
N Berk, 1/02, M-F f-t or p-t, Jennette, 524-7445  
N Berk, 8/99, M-F flex, Elyse, 527-3616  
N Berk/Albany/Kens, 10/00, M-F flex f-t, Nancy, 526-0255  
N Berk & surrounding areas, 4/01, M-F f-t or p-t, Melissa, 502-8201  
Berk/Albany, 5/98, M-F f-t or p-t, Madilyn, 527-6975  
Central Berk/flexible, 11/01 & 5/01 flex, M-F f-t or p-t, Sigal, 540-0119  
N Oak/S Berk/Emery, 8/01, TThF flex, Vicki, 547-8769  
Rock/Temescal/Mont/Pied, 9/01 & 4/02, flex, Rosita, 547-3938  
Rock/Elm/Claremont, 1/99, M-F f-t or p-t, Marilee, 666-0141  
Crocker/Pied/Glen/Mont, 3/99 & 5/01, M-Th f-t, Jill, 465-7161  
Mont/Pied, 5/00, M-Th at least 30 hrs, Lisa, 339-6568  
Mont/Pied/S Berkeley, 12/00, TWTh 15-20 hrs/wk, Karen, 530-7996  
Mont/Pied/Glen, 8/96 & 3/94, M-Th f-t, Gail, 531-7331  
Oakland, 4/99 & 10/00, Tues f-t, Cindy, 444-1968  
Oakland my home only, 10/01, MTTh f-t or p-t, Maia, 601-6970  
Montclair & surrounding areas, 10/99, M-F f-t, Sheila, 594-9710  
Montclair/Glen/Rock, 9/00 flex, M-F f-t, Heidi, 601-5219

Redwood Heights/Montclair/Oakland, 1/01, MWF 1-3 days, Elizabeth, 482-2590  
Flexible area, 2/01, M-F f-t or p-t, Ann or Charles, 208-3790

#### **SHARED ARRANGEMENTS – PARENTS SPLIT TIME**

Alameda, infant/toddler, M-F flex min. 30 hrs, Stephanie, 523-8112  
Alameda/Lakeshore, flex, 4 full days/flex, Kate, 814-8201  
Oakland/Berkeley, TWTh flex, Nadya, 482-0682  
N Oak/S Berk, MWF flex, Kate, 658-1634

**PARENT SUPPORT** (*Groups, classes, services, announcements, \$\$ means fee is charged.*)

- **MAKE TRUSTLINE** part of your in-home caregiver screening process; continually updated by the CA Dept. of Social Services. For Trustline info, call BANANAS or (800) 822-8490.
- **IF YOU HAVE A SPANISH-SPEAKING IN-HOME CAREGIVER**, please refer her/him to announcements on page 9.
- **STEP FAMILY ASSN:** support for stepparents, 1st Thurs. monthly, 7:30-9 pm at BANANAS. Anthony Carpentieri, 849-1626.
- **FOR SALE: CHILDCRAFT BABY BED**, Prego High Chair, baby clothes, Colin, 549-3916.
- **SUPPORT GROUPS FOR MOTHERS**, Sherry Reinhardt, RN, MPH, Mom, 524-0821 or [www.supportgroupformothers.com](http://www.supportgroupformothers.com).
- **DONATE** your old parenting books to BANANAS Lending Library.
- **FAMILY RESOURCE NETWORK** has "Recreation Resources List for Kids with Special Needs," including day camps and residential camps, call 547-7322 or send SASE to FRN, 5232 Claremont, Oak. 94618.
- **ALAMEDA FAMILY AND COMMUNITY SING ALONG** for children and their parents or caregivers, 10:30-11:30 am 2nd Sunday of month and 10:30-11:30 am Tuesdays, Alameda Multicultural Center, 842 Central Ave., call Alana at 521-4533 or Elaine at 769-8869 with questions, \$2 donation used to purchase instruments.
- **PARENTING SKILLS CLASSES FOR DEAF COMMUNITY**, for deaf parent or hearing parent of deaf child, new classes begin every 3 months, LaRonda Zupp, St. Joseph's Center for the Deaf and Hard of Hearing, 881-2247 (TTY) or 881-2245 (voice), or email [lzupp@sjcd.org](mailto:lzupp@sjcd.org).
- **POSTPARTUM DEPRESSION SUPPORT GROUP**, good place to be nurtured, gain support and begin to get your life back, Elizabeth Gayner, licensed psychologist, 390-3060.
- **BABY/TODDLER/PRESCHOOLER & ME** Informal Playgroup for primary caregivers and children with special needs, 12 months to 5 years, Saturdays, 10-11:30 am, Burke Development Center, RSVP to Family Resource Network at 547-7322.
- **FAMILY EXPLORATIONS! GOSPEL IN THE GARDENS**, Enjoy Father's Day at the Oakland Museum, Sun. June 16, 12-4 pm, music, crafts activities, barbecue for sale, 238-2200.
- **SUPPORT GROUP FOR DADS OF KIDS WITH SPECIAL NEEDS**, meets at 5232 Claremont Ave., Oakland, 547-7322 for info.
- **BANANAS** welcomes donations of disposable diapers, kids' equipment, clothes, children's books and toys in good condition. Tax receipt available.
- **SISTER TO SISTER SUPPORT GROUP** for African-American Moms with young children born premature and/or with special needs, for more information or to register, call Sonia Jackson-Ricks at the Family Resource Network, 547-7322.
- **BRING CLOTHING DONATIONS** to Prescott Resource Center, business attire greatly appreciated, M-F 9 am to 5 pm, 800 Pine St., Oakland, 628-9152.
- **GRANDPARENTS AS PARENTS SUPPORT GROUP**, meets Mondays, call Dr. Poe at 845-7189 or West Coast Children's Center at 527-7249.

#### **CLASSES & ACTIVITIES FOR KIDS & TEENS**

- **MAKE A CIRCUS PERFORMS ZOOMORPHIA** on Wed., July 3 at Montclair Park, Oakland, 482-7812 or [www.makeacircus.org](http://www.makeacircus.org).
- **KIDS' TURN EARLY YEARS PROGRAM** for 0-3 year old children of separated and divorced parents, call (415) 437-0700 or 835-8445.
- **SEARCH FOR TREASURE, READ FOR PLEASURE** Summer Reading Program at Oakland Public Library from June 8 through Aug. 17, free gifts including books and tickets for A's games, ice-skating, Fairyland, Chabot Space Center, etc., contact your branch library.

- **BANANAS HAS GUIDE FOR TEEN BABYSITTERS** handout available, send self-addressed stamped envelope to 5232 Claremont, Oakland, CA 94618.
- **MOCHA IN OAKLAND HAS DROP-IN ART ACTIVITIES** for children of all ages including Little Studio for age 5 and under, T-Sun 11 am to 2 pm and Big Studio for ages 6 and up, T-F 3:30-5 and Sat. & Sun. 1-4 pm, \$3/free to members, 538 Ninth St., 465-8770.
- **CREATIVE GROWTH ART CENTER** offering a special opportunity for mature developmentally disabled high school students (16-21) who have an interest and ability in art, 2 days a week, July 8-Aug. 30, limited scholarships avail., Mary Ann Hanlon, 836-2340 X 11.
- **COMIC ART WORKSHOP BY BRANDON MCKINNEY**, ages 8 and up, learn to draw manga and other comic art forms from professional comic artist, 3 pm, Tues., June 11, "Captain Underpants," Cesar Chavez Library, 1900 Fruitvale Ave., 535-5620; 4 pm, Thurs., June 27, "Rumiko Takahashi and Manga," Asian Branch Library, 388 9th Street, Ste. 190, 238-3400; 10:30 am, Tuesday, July 9, "Captain Underpants & Powerpuff Girls," Main Library Youth Room, 125 14th St., 238-3615.
- **SPECIAL NEEDS AQUATIC PROGRAM** is an adaptive aquatics program at Berkeley High School indoor pool, swimmers are matched on 1:1 basis with volunteers, Dori Maxon, 527-0446, X3.
- **JOSE LUIS OROZCO CONCIERTO PARA LOS NINOS**, Sat. June 15, 10 and 11: 15 am, La Pena, 3105 Shattuck, Berkeley, fundraiser for BAHIA, Inc., for tickets and information call Centro Vida at 525-1463.
- **ALAMEDA POINT COLLABORATIVE YOUTH EMPLOYMENT** Program has mentoring, career counseling, job skills training, job placement, ESL, tutoring, etc. for all Alameda youth between 15 and 21, call 898-7900 for Robin X322 or Kamilah X344.

#### **GENERAL ANNOUNCEMENTS**

- **TATSUMAKI TAIKO DRUMMING CLASSES AND WORKSHOPS** for adults and children, Live Oak Park Recreation Center, Berkeley, [www.tatumakitaiko.com](http://www.tatumakitaiko.com).
- **VOLUNTEERS NEEDED TO TEACH ENRICHMENT CLASS** or provide special activity at community event, Alameda Point Collaborative Children and Youth Services, 898-7800 X 317.
- **RUTH ASAWA EXHIBIT OPENS AT OAKLAND MUSEUM** June 15, drop-in weekend wireworks based on Ruth Asawa's work every Saturday and Sunday, 6/15 to 9/22, 1 to 5 pm, free with admission, 238-2200.
- **UNITED FOR THE GREATER GOOD** Planned Giving Conference, Thurs., June 20, 7:30 am to 6 pm, Palace Hotel, 2 New Montgomery St., San Francisco, (650) 851-4414.
- **INFANT MASSAGE & COMMUNICATION INSTRUCTOR** Training, Sonoma, CA, Oct. 16-19, Foundation for Healthy Family Living, (707) 996-3545.
- **ROLE OF PARTNERS IN WOMEN'S RECOVERY**, Aug. 1-2, International House at UC Berkeley, National Abandoned Infants Assistance Resource Center, 643-7019.
- **CELEBRATE HEALTHY BABIES**, Black Infant Health Fair, Sat., June 15, 10 am to 2 pm, Bayfair Mall, San Leandro, 873-6570.
- **SPEAK OUT ON WELFARE REFORM** Town Hall Meeting for people on welfare and community members can talk about their experiences and how the federal welfare law should be changed in the fall, Sat., June 15, Los Angeles, (213) 353-1333 or (213) 439-1070.
- **LEAVE A LEGACY FOUNDATION** – assistance in planned giving, name BANANAS and other non-profit organizations to receive a bequest through your estate, for info. contact [www.leavealegacy.org](http://www.leavealegacy.org).
- **HEALTH AND SAFETY INSTRUCTORS NEEDED** who are certified to teach CPR, First Aid and Preventive Health for our Sunday classes; call Anh, 658-7353.
- **SWINGSHIFT SINGERS, WOMEN'S DAYTIME CHORUS**, Thursdays, 10-11:30 am, learn to sing freely, read music and harmonize singing pop, jazz, oldies and show tunes, Ellen Robinson, director, 482-9520.
- **NURSES IN ACTION FAMILY WELLNESS CLINIC** has individual and family counseling, child therapy, 834-6817.
- **SAMPLINGS, A DAY DEVOTED TO TEXTILE ARTS** at Oakland Museum, Sunday, Aug. 25, 12-4 pm, 10th & Oak St., 238-2200.

**BANANAS NEEDS AN ARTIST!**

We are looking for an artist to draw pictures for our bimonthly Newsletter and our numerous Handouts. If you can do pen and ink line drawings of multiethnic children and families at least six times a year, please send a representative sample including at least one picture of a child to: 5232 Claremont Ave., Oakland, CA 94618, Attn: Margaret.



**FREE FAMILY LAW CLINIC**

The next Family Law Clinics sponsored by BANANAS and offered by the Volunteer Legal Services of the Alameda County Bar Assn. will be held on **June 11th & 25th, July 9th & 23rd, August 13th & 27th and September 10th, noon – 2 pm** at our office. These clinics help low-income families with domestic matters. Reservations are required; call Volunteer Legal Services, 893-1031, for an appointment.

**BANANAS THANK YOU'S — SPECIAL THANKS TO THESE CONTRIBUTORS (IN TIME AND/OR MONEY)**

Meg Zweiback	Robin Phipps	Muriel Johnson	Gail Steinberg	Diana Gleghorn	Samuela Evans	Eleanor Warren
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BANANAS is a nonprofit organization (donations accepted and tax deductible) providing child care information and support to parents and child care programs in Alameda, Albany, Berkeley, Emeryville, Oakland and Piedmont. We try to answer any questions regarding child care and children or at least direct you to someone who can. Hours: Monday-Thursday: 10-4 pm, Friday: 10-1 pm and Tuesday evening 7-9 pm. Our website is [www.bananasinc.org](http://www.bananasinc.org). BANANAS believes that parents are best able to choose and evaluate child care for their children because they know their children's needs best. BANANAS' goal is to assist parents in finding the widest range of available child care situations and to encourage parents to act on their own knowledge and feelings as they select among these possibilities. Responsibility for selecting and employing a child care provider rests with each parent. We cannot guarantee the quality of the providers in our files and urge parents to carefully interview and to check references before leaving a child in care. "BANANAS Newsletter" copyright © 2002 by BANANAS, Inc. Please do not reproduce any portion without prior permission. I want to be a supporting member of BANANAS, Inc. and receive the Newsletter. Enclosed is a \$5 donation. I live in BANANAS' service territory (Northern Alameda County) but cannot afford \$5. I want to receive the Newsletter. Enclosed is an additional donation for \$\_\_\_\_\_.