

BANANAS Resource & Referral

Video Lending Library List

Welcome to BANANAS Video Library. Videos in this catalog are organized by topics and titles. Locate the topic in the table of contents, then turn to that page number. Videos are listed alphabetically by title. **Videos are checked out by number not by title.** The check out procedure is on page 15.

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				Resource Network, 547-7322.

CHILD ABUSE

511 Bridges of Understanding

Child abuse video available only in Laotian, Cambodian, Chinese, Hmong, Vietnamese. **Some on DVD.** *25 minutes*

411 Cadena Maldita – Chain of Misery

Depicts experiences of a mother of a sexually abused child, an adult survivor and an offender. Spanish version only. *16 min.*

373 Child Abuse & Neglect

Prevention and reporting guide for caregivers. *24 minutes*

Child Maltreatment Series

400 Neglect & Sexual Abuse

401 Psychological and Physical Abuse

Basic concepts of child abuse. *30 min. each*

621 Confronting the Epidemic of Violence (Geoffrey Canada)

NAEYC 1994 keynote address relating to preschool children. *34 minutes*

402 Context of Vulnerability, The

Factors that cause young children to be vulnerable to inadequate parenting, abuse, and neglect. Discusses resiliency in children. *30 minutes*

460 First Impressions

Exposure to violence and a child's developing brain. Spanish version on same DVD. **DVD only.** *15 minutes*

405 Hidden Victims: Children of Domestic Violence

Insight into the lives of children who witness domestic violence in their homes. *60 minutes*

134 Partners in Prevention

Part I, Out of Harm's Way. The role of child care centers in identifying child abuse at home and how to help troubled families. **Part II, Taking Care.** Prevention of child abuse in child care programs by reducing stress, carefully selecting and managing staff. **Available on DVD.** *30 min. each*

627 Shadows to Light: Guide to Child Abuse Reporting

Provides basic information on California's Child Abuse Reporting Law. Mandated reporters discuss feelings about protecting children. *22 minutes*

Understanding Childhood Trauma Series

Understand, identify and respond to childhood trauma, both ongoing and significant event trauma. *28 min. each*

608 What is Childhood Trauma?

609 Significant Event Childhood Trauma

610 The Brain- Effects of Childhood Trauma

611 Identifying and Responding to Trauma in Children up to 5 Years

612 Identifying and Responding to Trauma in Children Six to Adolescence

613 Domestic Violence and Childhood Trauma

614 Trauma and Healing

546 Violencia Doméstica y Los Niños

Affects of domestic violence on children. Available in Spanish version only. *16 min.*

CHILD CARE: ADMINISTRATION

012 Desired Results

Overview of CDE's new approach for evaluating Early Care & Education and After School Programs *20 minutes*

437 Desired Results Developmental Profile

Ca Dept. of Ed. program evaluation instrument. **DVD only.**

093 Doing a Self-Study: Why & How?

Presents the advantages and how to implement a child care program self-evaluation through the NAEYC. *30 minutes*

650 Early Childhood Program: A Place to Learn and Grow

Overview of series. Individual videos are listed under their topic. *8 minutes*

436 Getting To Know You Through Observation

Strategies for implementing an objective, accurate observation system to support use of Desired Results Program Evaluations. **DVD only.** *54 minutes*

623 Teachers in Transitions: Room to Grow

How to implement developmentally appropriate practice in rural and urban settings. *23 minutes*

066 Video Observations for Early Childhood Environment Rating Scale

Vignettes to practice scoring various rating scale items. To be used either for self-study or with an instructor. *21 minutes*

CHILD CARE: CURRICULUM

597 Adult-Child Interactions: Forming Partnerships With Children

Part I: Strategies for supportive relationships between adults and young children. *19 min.*
Part II: Eleven short classroom scenes demonstrating these strategies (without comment). Useful for discussions.

96 Amusement Park for Birds

Documents project from Reggio Emilia including the teaching process. *90 minutes*

654 An Idea Blossoms: Integrated Curriculum

Planning techniques and roles of teacher and child in an integrated curriculum. *30 minutes*

071 Children at the Center: Reflective Teachers at Work

Approaches to set-up, scheduling, and curriculum planning. Companion book, "Reflecting Children's Lives." *24 minutes*

131 Children's Journey: Investigation the Fire Truck

Project approach. Experiences of a group of young investigators. Companion book, "Young Investigators." *45 minutes*

105 Classroom With Blocks

Importance of block play and how it changes as the child develops. *10 minutes*

167 Computer Learning for Young Children

Discusses how to integrate computers with other educational activities. *13 minutes*

596 Foundations – The Value of Unit Block Play

Blocks – prime unstructured material which permit children to play and create. **Available on DVD.** *30 min.*

059 Guidance & Discipline: Curriculum

Presents developmentally appropriate curriculum and its impact on the behavior and learning of young children. **Available on DVD.** *35 minutes*

168 High/Scope Curriculum: The Daily Routine

Rationale for the preschool's daily routines (opening circle, outside time, planning "free play," structured time, etc.) *17 minutes*

443 I Am Clay

Power of natural clay in early childhood development. **DVD only.** *30 minutes*

200 Learning Can Be Fun (with Ella Jenkins)

Children's songs from many cultures. *55 minutes*

116 Learning Materials Workshop Blocks: Constructing Knowledge

Depicts Reggio Emilia theory and practice. *20 minutes*

163 Music Across the Curriculum with Dr. Thomas Moore

Importance of music in a child's total development (bonding, self-esteem, and specific skills). *17 minutes*

178 Plan-Do-Review Process

How to use High/Scope curriculum in preschool, child care, and special needs settings. *20 minutes*

653 Play: The Seed of Learning

Role of play in the classroom. *30 minutes*

459 Sand & Water

Play experiences with sand and water. **DVD only.**

444 Second Home

A day in the life of an early childhood program. *84 minutes*

031 Setting Sail: An Emergent Curriculum Project

Child-centered curriculum in action. *19 minutes*

603 Sharing the Joy of Nature

Step-by-step nature awareness activities. *40 minutes*

177 Small Group Time: Counting with Bears

Strategies for the beginning, middle, and end of small group time. *17 minutes*

175 Small Group Time: Representing with Sticks & Balls

How to listen to children and elaborate on their ideas at small group time. *14 minutes*

176 Small Group Time: Working With Staplers

Child management issues. *12 minutes*

170 Supporting Children's Active Learning

Three major strategies that promote active learning in diverse settings. *13 minutes*

070 Thinking Big: Extending Emergent Curriculum Projects

Themes emerge in children's play. Teachers extend these into in-depth projects. *26 min.*

Tools for Teaching Developmentally Appropriate Practice Series

Teaches key concepts of NAEYC'S *Developmentally Appropriate Practices in Early Childhood Programs.*

190 Introduction

191-193: Principles of child development and learning *30-80 minutes*

CHILD CARE: ENVIRONMENTS

101 Because You Care, Parts I & II

Part I: Physical setup and necessary activities for quality care. *21 minutes*

Part II: Illustrates how a good provider nurtures a child physically, intellectually, socially, and emotionally. *21 minutes*

036 Child Care Worker Series: Discipline and the Physical Environment

How appropriate room arrangement facilitates guidance. Children at play in a classroom arranged three different ways. *25 minutes*

594 Children Come First

Importance of creating an environment which meets children's needs. **Available on DVD.** *13 minutes*

162 Environments for Young Children: Discussion with E. Jones & E. Prescott
How to set up the child care environment to support program goals. *18 minutes*

425 Great Place for Children
Presents a variety of environments that work for children. *45 minutes*

060 Guidance & Discipline: Learning Environment
How to structure child care environments and organize the schedule to reduce conflicts and guide young children to develop self-confidence and self-help skills.
Available on DVD. *36 minutes*

108 Outdoor Play – A Motivating Force for Learning
How children playing outdoors learn concepts and body control as they use objects, interact with others, and explore space. *17 minutes*

086 Places & Spaces: Learning Environments for Young Children
Successful outdoor and classroom environments for children. *29 minutes*

652 Places to Grow: The Learning Environment
Importance of the classroom environment - room arrangement, scheduling, materials and equipment. *30 minutes*

074 Room Arrangement as a Teaching Strategy
Use of space and creation of separate “atmospheres” to encourage quiet vs. active play. Spanish version available. *15 minutes*

595 Roomscales - Room for Children
Tips for dividing your room into different activity areas. **Available on DVD.** *17 min.*

110 Setting Up a Room – Creating an Environment for Learning
Steps in designing space for activities for a new kindergarten classroom. *27 minutes*

174 Setting Up the Learning Environment
How the physical setting plays an important role in early childhood care. *20 minutes*

CHILD CARE: INCLUSION

600 ABCs of Inclusive Child Care
Children with disabilities included in child care center settings. How children & staff learn benefits of inclusive care. *14 min.*

831 Bittersweet Waltz
Mother’s film of son in full-inclusion. Good “how-to” for elementary level. Examples of curriculum adaptation and pre-teaching methods. *17 minutes*

Child Care & Children with Special Needs V-880 Part 1: Inclusion Works
Making inclusion work in conventional settings. *22 minutes*
V-881 Part 2: Working Together to Include Everyone
Families, programs, & special service providers working together. Purpose of IFSP & IEP *30 minutes*

869 Developing Together, Coping & Planning Together
Presents different types of special needs and the importance of including special needs children in regular child care. *62 minutes*

822 Educating Eric
Details changes in experiences and attitudes of teachers and students toward a child with Down Syndrome who is included in third grade. *40 minutes*

883 Inclusion: Focus on Toddlers & Pre-K
Adults model how to offer support and guidance, reduce barriers to include children with a range of special needs. *30 minutes*

806 Just a Kid Like Me
2-6 year old children with special needs included in different types of child care settings. *28 minutes*

753 Just A Little Extra
Describes child care environments that nurture and encourage children with disabilities and are supportive to their families. *15 minutes*

769 Just Kids
Explores myths. How to help substance-exposed children in preschool. Spanish version available. *29 minutes*

771 Mainstreaming in Child Care Settings
How to plan play spaces and play activities to enhance children’s development. *25 minutes*

872 Moving Together, Growing Together
Ways to enhance motor development of toddlers and children. *39 minutes*

461 Resources for Including Children with Special Needs in Child Care. DVD only.

870 Talking Together, Reading & Writing Together
Speech development, language delays, and ways to support language development in all children. *50 minutes*

772 Yes, You Can!
Fears and myths of caring for infants and toddlers with disabilities in family child care homes. *16 minutes*

762 Young & Special: #1 Not in My Class
History, theory and concerns of the early years of mainstreaming. *45 minutes*

CHILD CARE: INFANT/TODDLER

113 Creating Successful Transitions: Infancy to Preschool
Managing changes and passages (sometimes stressful for young children) from one place or activity to another. *19 minutes*

166 Designing Daycare with Options
Describes ideal child care environment for infants and toddlers, including design ideas and appropriate toys for each stage of development. *22 minutes*

161 Developmentally Appropriate Practice: Curriculum, Role of Teacher
Looks at needs of newborns/toddlers; play appropriate to each age. *30 minutes*

094 El Futuro Está en Nuestras Manos
Establishing a family child care program. Spanish version only. *25 minutes*

149 Essential Connections: Ten Keys to Culturally Sensitive Child Care
Principles of developmentally appropriate, culturally competent care. Spanish and Chinese versions available.
Available on DVD. *50 minutes*
and **153 Talking Points for Essential Connections** *73 minutes*

141 Flexible, Fearful, or Feisty: Different Temperaments of Infants/Toddlers
Describes the variety of in-born temperaments and offers techniques for nurturing each type of child. Spanish and Chinese versions available.
Available on DVD. *30 minutes*

142 Getting in Tune: Creating Nurturing Relationships with Infants/Toddlers
Describes how to respond to infants/toddlers so that love, respect, and trust are instilled and security/self-esteem develop. Spanish and Chinese versions available.
Available on DVD. *24 minutes*

043 High/Scope Approach for Under Threes
Caregivers interacting with infants and toddlers to support and extend their active learning. Filmed in the UK. *67 minutes*

183-188 Let Babies Be Babies Series. See under Family Child Care.

155 Next Step: Including the Infant in the Curriculum 22 minutes

143 Respectfully Yours – Magda Gerber’s Approach to Professional Child Care
Magda Gerber’s philosophy. Importance of communication between caregiver and parent. Spanish and Chinese versions available. **Available on DVD.** 58 minutes

136 See How They Move
Shows infants 5-20 months developing skills when ready and how “help” leads to child’s passivity and deters development of motor skills. 28 minutes

144 Space to Grow – Creating a Child Care Environment for Infants & Toddlers
How to set up a child care environment: safety, health, comfort, convenience, children’s ages, etc. Spanish and Chinese versions available. 22 minutes

172 Time with Toddlers
Respectful interactions with toddlers that show how to appreciate them rather than let them drive you crazy! 23 minutes

114 To Those Who Care for Infants and Toddlers
How children learn and grow, and how caregivers can effectively interact. 10 min.

091 Toddler Curriculum: Making Connections
How to incorporate a wide variety of play activities into the curriculum to enhance physical, emotional, social and mental development. 20 minutes

147 Together In Care: Meeting the Intimacy Needs of Infants & Toddlers
Shows how caregivers can bond with babies and best facilitate their emotional development. Spanish and Chinese versions available. **Available on DVD.** 30 minutes

065 Video Observations for Infant/Toddler Environment Rating Scale
Vignettes to practice various rating scale items. 24 minutes

CHILD CARE: IN-HOME/ EXEMPT

104 Babysitting ABC’s
Training for teen babysitters. 19 minutes

125 Babysitting the Responsible Way
Offers basic preparation for responsible babysitters: emergency responses, schedules, handling behavior problems. 30 minutes

189 Making It Work! When a Relative Cares for Your Child
Overview of various types of care: tips on health and safety, and communication issues. Spanish version available. 17 minutes

129 The Nanny Training Program
Includes video, employer manual, computer disk for planning, and in-home caregiver training manual. 50 minutes

Place of Our Own
Training series for home-based child care providers, both license-exempt and licensed. Spanish versions available. 30 min. each

- 658-A Print Rich Environment**
- 658-B Importance of Storytime**
- 659-A Conflict Resolution**
- 659-B Managing Aggressive Behavior**
- 660-A Superhero Play**
- 660-B Power of Play**
- 661 Learning Through Everyday Activities**
- 662 Importance of Outdoor Play**
- 663 Math Activities**
- 664 Science Activities**
- 665 Cooking as a Learning Activity**
- 457 Language Activities. DVD only.**

124 Super Sitters
Training for teen sitters. Fundamentals of good care, home safety, first aid. 30 min.

CHILD CARE: PARENT/ PROVIDER RELATIONSHIPS

030 Close Look at Relationship-Centered Child Care
Develop positive relationships between children, families, and caregivers. 14 minutes

656 Cultivating Roots: Partnership with Families
Ways to foster partnerships between families and schools. 22 minutes

590 Learning & Growing Together With Families
How to build strong, collaborative relationships with families and colleagues. 22 min.

164 Partnerships with Parents
Importance of parents and teachers working closely together to maintain good communication and handle problems. 28 minutes

083 Promises: Communicating With Parents
Unique relationship of parent to child can be recognized and supported by concerned caregivers. 30 minutes

150 Protective Urges: Working with the Feelings of Parents & Caregivers
An awareness of the power of our protective urges can help caregivers and parents work together. Spanish and Chinese versions available. **Available on DVD.** 27 minutes and **152 Talking Points for Protective Urges** 30 minutes

CHILD CARE: POLICY

151 In Our Hands
Harmful effects of poor quality child care. Identifies important societal steps needed to improve infant care. 12 minutes

160 Lessons that Last
What makes a quality early childhood program. 10 minutes

618 Making News, Making History: Worthy Wage Campaign Grows
Offers strategies for child care workers to achieve a fully-funded, equitable child care system. 15 minutes

138 Perspectives on Quality Child Care
Presents panel discussion on the rising demand for quality affordable child care, what it is and how to find it. 30 minutes

624 Salaries, Working Conditions and The Teacher Shortage
Marcy Whitebook and Jim Morin discuss issues contributing to the crisis in recruitment and retention of qualified staff. 17 minutes

619 What Every Child Needs
Complex economic issues that characterize the child care and education market. 30 min.

628 Worthy Work, Worthless Wages
Seattle child care community’s efforts to solve its staffing crisis. 14 minutes

CHILD CARE: SCHOOLAGE

666 Building Bridges to Kindergarten: Transition Planning for Children
Community efforts to ease the transition to kindergarten and welcome families into the elementary school community. 15 minutes

502 Fun, Safe Field Trips for Schoolage Children
Concrete, specific steps to planning a safe, fun field trip. 14 minutes

073 Kids’ Time: Planning Schoolage Care Activities
How to enrich a school-age care program in four easy steps: assessment, planning, implementation, and evaluation. Spanish version available. 27 minutes

CHILD CARE: STAFF

180 All the Way with the Mentor Program
Describes Mentor Teacher Program. Spanish version available. *25 minutes*

171 Building Quality Child Care: Relationships

How child care workers bond with each child and family. Importance of doing so. *15 min.*

625 Career Encounters: Early Childhood Education

Interviews teachers and directors who work in various child care settings. *28 minutes*

601 Celebrating Early Childhood Teachers

Skills, training, personality traits of teachers. History and current status of child care; goals for the future of child care. *22 minutes*

062 Men: Caring for Young Children

Men as early childhood teachers in a variety of educational environments. *31 minutes*

035 Reflective Supervision: A Relationship for Learning

Unscripted role play to illustrate the characteristics, function, and value of reflective supervision. *60 minutes*

657 Seeds of Change: Leadership and Staff Development

Ways to encourage professional development of teachers and other staff. How to advocate for change. *30 minutes*

182 Voices From the Field: California Early Childhood Mentor Institute

Information on how the Mentor Teacher Program works in California. *12 minutes*

CHILD DEVELOPMENT

299 Ages & Stages Questionnaires on a Home Visit

Demonstrates how to use ASQ questionnaires during a home visit. Questionnaires in English and Spanish. *22 minutes*

201 All About Anger

Teaches basic concepts about anger and demonstrates constructive techniques to help children. Spanish version available. *15 min.*

288 Birth Order and Its Effects

Common characteristics of each birth order position and how those characteristics affect personality development. *17 minutes*

655 Charting Growth: Assessment

Strategies for assessing children's development and learning. *30 minutes*

223 Child Development from Birth to Five
Offers basic information. Spanish version available. *30 minutes*

051 Child's Play: The World of Learning

Everyday play activities, at home and at school, help children gain skills and knowledge. Spanish version available. *30 minutes*

Childhood Series

Childhood in many cultures. *60 min. each*

216 Great Expectations - prenatal

217 Louder Than Words - birth

218 Love's Labor - 6 mo. to 3 years

219 In Land of the Giants - 3 to 5 yrs

220 Life's Lessons - 5 to 7 years

221 Among Equals - 6 to 12 years

222 House of Tomorrow - adolescence

226 Children Learn as They Play

Significance of play in physical, social, and intellectual development. Ways adults can support playful learning. *12 minutes*

Children Plus: Self Esteem Series

Training series for developing self-esteem in young children. *20 min. each*

235 What Is This Thing Called Self-Esteem? Part I. Overview

236 What Is This Thing Called Self-Esteem? Part II. Overview

228 Infancy - The Beginning

229 Enter Toddling

230 Terrific Twos

231 Threes on the Threshold

232 Fun to be Four

233 Now I'm Five

255 Developing Child 19: Preschoolers, Physical & Cognitive Development

Stages of preoperational thought. Adults facilitate a child's learning by providing materials and a supportive environment. Available on DVD. *28 minutes*

256 Developing Child 20: Preschoolers, Social & Emotional Development

Stages of development of strong emotions and fears, especially about separating from parents and developing friendships. Available on DVD. *28 min.*

257 Developing Child 21: Play

Play as an essential medium for learning/developing. Adult's role in providing a conducive environment. Available on DVD. *28 minutes*

100 Development of the Human Brain

Physiological development of the brain from conception to birth. Follows the development of the child to the age of eight. *40 minutes*

280 Don't Pop Your Cork on Mondays!
Animated discussion for elementary children about stress survival skills. Group viewing with adult facilitated discussion. *12 minutes*

205 From Crib to Classroom

All parents can help their children learn the skills that they need to succeed. *12 minutes*

213 How Young Children Learn to Think

How children learn to think logically and acquire knowledge. How teachers can help rote learning become real thinking. *20 min.*

504 Importance of Play

Outlines the purposes of play and how crucial play is to a child's development. *12 minutes*

044 Kindergarten Here I Come!

A positive, realistic vision of Kindergarten to boost confidence and build enthusiasm. Spanish version available. *18 minutes*

173 Listening to Children

How children learn the values that guide them through life's challenges. *90 minutes*

284 Moral Development

Psychoanalytic, social learning and cognitive development theories present quite different views of moral development. Available on DVD. *31 minutes*

532 Oh Baby!

Uses Gus the English Bulldog to tell the story of bringing a new baby home. *30 minutes*

Parents Guide to Temperament Series

Information on different combinations of temperament in children. Available on DVD. *15 min. each*

555 Intro: Knowing Your Child

556 Understand Your Sensitive & Withdrawn Child

557 Understand Your Active, Slow Adapting Child

558 Understand Your Intense, Slow Adapting Child

505 Peer Relationships

Ways in which children influence one another. Describes how their relationships change depending on age and stage of development. *31 minutes*

598 Power of Play

Observe children, infants through school age, growing and learning through play. *38 min.*

115 Promoting Social Emotional Competence

Ways to promote young children's social and emotional development and prevent challenging behaviors. Available on DVD.

Raising America's Children Series

Developmental issues of young children and the adult's role in fostering positive development. *30 min. each*

- 237 The Nurturing Community**
- 238 A Secure Beginning**
- 239 Relating to Others**
- 240 Playing & Learning**
- 241 Listening & Talking**
- 242 Meeting Special Needs**
- 243 Thinking & Creativity**
- 244 Healthful Habits**
- 245 Coping with Stress**
- 246 A Sense of Self**

599 Raising Cain

Exploring the inner lives of America's boys. *120 minutes*

523 Role of Play

Functions of play and different types of play. The social character of play and gender differences. *22 minutes*

285 Self Identity & Sex Role Development

How children learn what is considered appropriate behavior for boys and girls based on societal/familial expectations.

Available on DVD. *33 minutes*

564 Study of the Child

Puts the study of child development in historical perspective. *28 minutes*

567 Theories of Development

Discusses various theories of child development and places them in their historical context. *27 minutes*

533 Those Baby Blues

Offers help for children going through the roller coaster of emotions they might feel when a sibling is born. *30 minutes*

052 Time Together: Learning to Play With Young Children

Helps adults understand their role in play and shows how to support this natural process of learning. Spanish version available. *30 min.*

529 When They Never, Ever Listen

Five case studies of families who are coping with a difficult child. *17 minutes*

225 Years 3-5: What Lily Learned

Ages and stages, communication, and discipline from a new mother's perspective. Spanish version available. *13 minutes*

CHILD DEVELOPMENT IN A GROUP SETTING

127 Developmentally Appropriate Practices: Children Birth - Five

Age-appropriate behaviors. Best ways to nurture healthy development. *30 minutes*

140 First Moves: Welcoming a Child to a New Caregiving Setting

Shows child entering child care for the first time and the best ways for parents and providers to help. Spanish and Chinese versions available.

Available on DVD. *30 minutes*

128 Floor Time: Tuning In to Each Child

Philosophy and process for fostering children's emotional development, vital for social and intellectual development. *35 min.*

098 Growing Through Play: Cognitive and Social Development

Critical role of play in how children learn in a rich environment of toys, activities, open space for optimum creativity. *26 minutes*

Hand-in-Hand Series

Working with children of various temperaments in a group setting.

Available on DVD. *30 min. each*

292 When a Child Doesn't Play (Overview)

293 Child Who Wanders

294 Child Who Dabbles

295 Child Who Appears Anxious

296 Child Who Appears Aloof

297 Child Who Is Ignored

298 Child Who Is Rejected

651 Nurturing Growth: Child Growth & Development

How ECE programs support the development of the whole child. *30 minutes*

090 Observation

Techniques of observation, recording and interpretation. **DVD only.** *37 minutes*

088 Observing Young Children: Learning to Look, Learning to Listen

How to do specific observation-related tasks as part of their daily work. Uses a variety of actual situations. *28 minutes*

Promises Series

Discusses how to enhance positive child development and work with children at different developmental levels. *30 min. each*

079 Child Development, Part I

080 Child Development, Part II

081 Play and Readiness

082 Behavior & Discipline

084 Quality Child Care: Independence

85 Quality Child Care: Relationships

139 Roughhousing

Purpose and value of rough and tumble play for all-age children. Suggests how to keep it a positive and fun experience. *30 minutes*

077 Watching Children in Action: An Opportunity for Discussion

13 unstaged episodes used to train providers in observing children. *43 minutes*

Whole Child Series

Training course in the developmental education and care of children from birth to five. Spanish versions available..

Available on DVD. *30 min. each*

014 It's the Little Things

Significance of plans and schedules

015 By Leaps and Bounds

Children's physical development

016 Babies Are Children, Too

017 Dealing With Feelings

018 I'm Glad I'm Me

019 Listening to Families

020 Everybody's Special

021 Getting Along Together

022 Building Inner Controls

023 Respecting Diversity

024 Creativity and Play

025 Let's Talk About It

026 Growing Minds

CHILD DEVELOPMENT: INFANT/TODDLER

Age-appropriate Play Series

How to stimulate skills development through age-appropriate games, toys and activities.

DVD only.

450 First 12 Months *25 minutes*

451 12 to 24 Months *17 minutes*

452 2 to 3 Years *16 minutes*

146 Ages of Infancy

Capabilities of the infant in three stages of development: young, mobile, older. Spanish and Chinese versions available.

Available on DVD. *26 min.*

291 Amazing Babies: Moving in the First Year

Enhances observation skills and understanding of the natural progression of development, preverbal communication and play interactions. *47 minutes*

566 Begin with Love

Focuses on the parent/infant relationship during the first three months. *30 minutes*

510 Best for My Baby

Supports low-income families in providing learning experiences, good care, and doing "the right thing" for their children. *30 min.*

229 Children Plus: Enter Toddling

See Children Plus Series under [Child Development](#).

228 Children Plus: Infancy - The Beginning. See Children Plus Series under [Child Development](#).

230 Children Plus: Terrific Twos

See Children Plus *Series* under [Child Development](#).

534 Comforting Your Crying Baby

Techniques to help caregivers handle a crying infant. *16 minutes*

Developing Child Series

Each tape discusses a significant feature of development. Available on DVD.

570 Developing Child 5: Heredity and the Environment, Blueprints for a Baby *28 minutes*

247 Developing Child 9: Infancy: Landmarks of Development
Overview *22 minutes*

248 Developing Child 10: Infancy: Beginnings in Cognition and Language *29 minutes*

249 Developing Child 11: Infancy: Early Relationships *18 minutes*

250 Developing Child 12: Infancy: Self & Social World *15 minutes*

252 Developing Child 14: Child in the Family *37 minutes*

253 Developing Child 17: Toddlerhood, Physical & Cognitive Development *26 minutes*

254 Developing Child 18: Toddlerhood, Emotional Development *27 min.*

Additional **Developing Child** under [Child Development](#) and [Language Development](#)

441 Developing Child: Go To Bed! Kids and Sleep

How parents can help children become 'good sleepers. **DVD only.** *21 minutes*

440 Developing Child: Shaping Youngest Minds

Examines the science of babies' brains and discusses the best ways to nurture young minds. **DVD only.** *24 minutes*

148 Discoveries of Infancy: Cognitive Development and Learning

Milestones of infant cognitive development for teachers and parents. Spanish and Chinese versions available.

Available on DVD. *32 minutes*

Early Childhood Parenting Center Series

Issues of infant/toddler behavior. Developed from warmline calls. **DVD only.**

430 Infant/Toddler Sleep Disruptions Separation

431 Biting Head Banging & Rocking

432 Choosing a Pediatrician Preparing Your Child for the Hospital

433 Toilet Training Problem Eaters

434 New Baby Security Blanket

435 Temper Tantrums Sibling Rivalry

207 Exploring First Feelings

Uses actual footage of parents and caregivers to illustrate milestones in the emotional development of infants and toddlers. *21 min.*

512 Families Talk About ... Bonding With Your Baby

Talks with four families with new babies about bonding, how and when it develops, and why it is so important. *16 minutes*

First 365 Days Series

Discusses infant development month by month. *All tapes between 20 and 30 minutes*

259 The Newborn

260 The Baby at One Month

261 The Baby at Two Months

262 The Baby at Three Months

263 The Baby at Four Months

264 The Baby at Five Months

265 The Baby at Six Months

266 The Baby at Seven Months

267 The Baby at Eight Months

268 The Baby at Nine Months

269 The Baby at Ten Months

270 The Baby at Eleven Months

271 The Baby Is A Year Old

286 First Person: Impressions of Being a Baby

Development through the first few years of life. Spanish version available. *30 min.*

224 First Two Years: What Lily Learned

How to safety proof a home, what to do when a baby cries, is hungry, and/or is wet. Spanish version available. *13 minutes*

304 Food For Thought

Effects of reading to infants and toddlers on early brain development. *14 minutes*

508 Good Night's Sleep

Specific routines and consistency will solve sleeping difficulties in three nights. Spanish version available. *15 minutes*

376 Happiest Baby on the Block

How to calm any new baby's cries. **Also on DVD.** *72 minutes*

438 Happiest Toddler on the Block

Stop tantrums and raise a happy, secure child. **DVD only.** *69 minutes*

535 Helping Your Baby Stay Happy

Explains how critical loving attention is for baby's happiness and that infants can't be spoiled by too much attention. *16 minutes*

289 I Am Your Child: The First Years Last Forever

New brain research and how it applies to lifelong healthy development. Spanish version available. *29 minutes*

290 Infant Motor Development: A Look at the Phases

Four phases of skill acquisition from birth to twelve months: infantile, preparation, modification, refinement. *20 minutes*

589 It Feels Good to Help Your Baby Learn!

Early brain development, touch, making connections with your baby. *14 minutes*

Keys to Caregiving Series

Training series for those who work with new parents.

644 Infant State *33 minutes*

645 Infant Behavior *50 minutes*

646 Infant Cues *42 minutes*

647 State Modulation *39 minutes*

648 Feeding Interaction *62 minutes*

649 Nurse-Parent Communication *55 minutes*

442 Leaning Happens

Vignettes of babies and toddlers leaning school readiness skills through everyday interactions. **DVD only.** *60 minutes*

208 Miracle of Life, The

Biological aspects of growth showing the development of a human infant from conception through birth. Concludes with 2-3 minutes of actual birth. *60 minutes*

507 Program for Parents About Kids

Variety of infant/toddler issues: eating tips, handling diarrhea, poisonous plant concerns, sleeping problems, father roles, etc. *30 min*

Psychological Development of the Child Series

Milestones of psychological development and how they are handled differently in various cultures. *20-28 min. each*

272 Before and After Birth: Overview

273 Psychological Development Before Birth

274 Process of Birth

275 How Relationships are Formed: First three months

276 Mothers, Fathers, and Babies

277 Developing the Sense of Family: Infant at six months

278 Discovering the Outside World

279 Development of Self

238 Raising America's Children: A Secure Beginning

See Raising America's Children *Series* under [Child Development](#).

214 Seeing Infants with New Eyes

Magda Gerber describes how infants develop at their own pace, given love, conversation, good equipment. *26 minutes*

428 Simple Gift: Comforting Your Baby
Uses attachment theory and research to focus on ways adults may respond to infants' cries. *10 minutes*

427 Simple Gift: Helping Young Children Cope with Emotions
How to help young children understand their difficult feelings and express these feelings in socially acceptable ways. *17 minutes*

582 Sleep Like a Baby
Helps parents resolve sleep issues with their baby and develop a plan that's best for their family. *30 minutes*

449 Sleepeasy Solution for Crib Sleepers
Step-by-step guide to solving nap and nighttime sleep problems. **DVD only.** *97 minutes*

Teen Parent Series
Presents communication and observation skills for teen mothers who themselves have had less than optimal parenting. *15 min. each*
552 Listen to Your Baby
553 Love is Layers of Sharing

592 Ten Things Every Child Needs
How our earliest interactions influence a child's brain development. *60 minutes*

508 Terrific Two's
Characteristics of 2-year olds and how to help them discover that they can do things themselves and learn self-control. Spanish version available. *15 minutes*

615 Toddler Behavior & Development: At Home with Parents
Typical toddler behavior and responses during daily routines and activities. **Available on DVD.** *30 min.*

616 Toddler Behavior & Development: In Center and Family Care Settings
Shows adults supporting toddlers at all stages of development. **Available on DVD.** *30 min.*

565 Toddler Takes: Toddlers at Play
Shows toddlers problem-solving, negotiating and arguing. No adults. *25 minutes*

Touchpoints Series with Dr. Brazelton
How and why children develop the way they do. *50 min. each*

517 Pregnancy, Birth and First 4 Weeks of Life
518 First Month through First Year
519 One Year Through Toddlerhood

What Every Baby Knows Series
Discussions with Dr. T. Berry Brazelton.
210 The New Born, The Infant, The Toddler *30 minutes per age*

211 Working Parent, Daycare, Separation *60 minutes*
212 On Being a Father *24 minutes*

What is Normal? Series
Normal stages of development in infants and toddlers. Spanish version only.

281 Nacimiento a 6 Meses *16 minutes*
282 6 a 12 Meses *11 minutes*
283 12 a 24 Meses *13 minutes*

287 Your Baby and You: Understanding Your Baby's Behavior
Empowers parents of premature infants by showing baby as a competent communicator who uses behavior to express needs and interests. Spanish version available. *25 minutes*

209 Your Newborn Baby: Everything You Need to Know
Various topics including choosing your doctor, prenatal care, delivery, initial baby care, eating, crying, sleeping. *60 minutes*

CHOOSING CHILD CARE

103 Child Care Choices
Describes child care centers and gives information on how to look for care. Spanish version on same tape. *14 minutes*

078 Child Care Dilemma, Choosing Childcare
How to choose child care. *60 minutes*

072 Choosing Quality Childcare
How to select appropriate child care. Spanish version available. *30 minutes*

111 Day Care Dilemma
Presents very specific procedures (and checklist) on how and what to look for when seeking quality child care. *45 minutes*

251 Developing Child 13: Early Child Care and Education
Discusses choosing child care. *36 minutes*

179 Finding Quality Childcare
Steps in evaluating child care programs from parents and experts. *45 minutes*

130 For My Child's Sake
Choosing licensed-exempt and in-home child care. Spanish version available. *21 min.*

089 I Am Your Child: Quality Child Care, Making the Right Choice
Choosing Child Care. Spanish version available. *27 minutes*

097 In Your Child's Best Interest
Child care which meets your child's needs. *28 minutes*

068 My Kind of Place: Identifying Quality Child Care for Infants and Toddlers
Issues faced by parents in searching for high-quality child care. *24 minutes*

237 Raising America's Children: The Nurturing Community
See Raising America's Children *Series* under Child Development.

102 Safe and Sound: Choosing Quality Child Care
Information parents need to make informed choices about appropriate child care. *60 min.*

075 Selecting Child Care for Your Baby
Offers a step-by-step process of choosing child care. Includes a detailed checklist. Spanish version available. *20 minutes*

087 Selecting Day Care for Your Child
In-home care, nannies, family homes, centers and costs, safety and health issues. Spanish version available. *70 minutes*

092 Who's Minding the Kids? A Parents Guide to Quality Child Care
Tips for parents on choosing quality child care. How to develop positive parent/provider relationships. *50 minutes*

DISCIPLINE

516 Discipline: What Lily Learned
How to reinforce good behavior and not reward bad behavior. Spanish version available. *30 minutes*

577 Discipling Kids - Without Screaming and Scolding
Portrays destructive methods followed by alternatives. *20 minutes*

514 Families Talk About . . . Wise Words on Discipline
Visits six inner-city families who talk about raising children to respect others and know right from wrong; offers alternatives to spanking. *18 minutes*

538 From No to Yes
Specific positive discipline strategies as a child becomes independent, learns to make choices and understands limits; includes using time outs and praise. Spanish version available. *12 minutes*

547 Importance of Establishing Boundaries and Setting Limits for Young Children
Ruth Pearce, founder of the Assn. of Child Development Specialists. *60 minutes*

536 Negative Behavior, Positive Discipline
Shows how to use positive discipline and logical consequences. *25 minutes*

559 Parent or Pushover
Shows how family and kids benefit from clear limits. *13 minutes*

575 Parenting: Discipline - Managing Misbehavior
Types of misbehavior and methods for handling them. Observe punishment options: overcorrection, privilege removal, add-on tasks, time-out and spanking *20 minutes*

515 Parenting Preschoolers
Discussion of sibling rivalry, temper tantrums, public behavior, self-esteem, toy management, bedtime. *58 minutes*

530 Rethink Method: Anger Management for Parents
Discusses the rethink method in various situations that can trigger a parent's angry responses. *25 minutes*

551 Setting Limits with Children: A Talk by Patty Wipfler
Develops an approach which places the parent and child at the center of the limit-setting process. *60 minutes*

215 Shaking, Hitting, Spanking: What To Do Instead
Presents effective alternatives to spanking children at different age levels; makes clear the harm done by spanking. Spanish version available. *30 minutes*

593 S.O.L.V.E Parenting Problems, The Toddler Years
Step-by-step tools to help parents handle toddler misbehavior. *40 minutes*

581 Spanking Controversy
Parents discuss their beliefs about spanking. Child development specialist explains the long term effects. *17 minutes*

574 Stop Struggling With Your Child
Techniques to encourage children to solve problems, negotiate, think and act responsibly. *30 minutes*

420 Toddler and Preschool Years
Positive discipline techniques to guide children into better behavior. *28 minutes*

549 What To Do When? Managing Normal Defiance and Aggression in Young Child
Parents help children channel aggressive impulses constructively. *47 minutes*

588 What To Do With the Mad That You Feel?
Children learn anger management and self control. *16 minutes segments*

587 Yelling, Threatening and Putting Down: What to Do Instead
Why it is ineffective to yell, threaten, or put down. Techniques that are free of anger and threats. Ethnically diverse staff. *35 minutes*

DISCIPLINE IN A GROUP SETTING

561 Bully Breath
Specific action for children to take when confronted with a bully. *18 minutes*

106 Discipline: Guidance Techniques for Young Children
Presents the "how to's" of a positive learning environment which fosters children's self discipline. *28 minutes*

061 Guidance and Discipline: Teacher/Child Interaction
Positive problem-solving techniques for children to become more self-disciplined and enhance their self esteem. **Available on DVD.** *35 minutes*

126 Let's Get Real
Addresses name-calling and bullying in middle and high school. *35 minutes*

330 Managing Children's Behavior
Typical childhood behaviors and alternative ways to deal with them. Part of a family child care training. *12 minutes*

082 Promises: Behavior & Discipline See Promises *Series* under [Child Development in a Group Setting](#).

Reframing Discipline Series
There is one teaching video and one practice video for *each* title in the series. Spanish version available. **Available on DVD.** *25 minutes each*

045-046 Reframing Discipline: Doing the Ground Work
Common attitudes that hamper discipline efforts. How to turn conflict into teaching situations and integrate discipline into the curriculum.

047-048 Reframing Discipline: Connecting with Every Child
Ways to build trusting relationships, spend time on the positive, convey value and respect, communicate with children who are upset; how to acknowledge feelings.

049-050 Reframing Discipline: Understanding Difficult Behavior
What a child's behavior can tell us, underlying causes of misbehavior. How to consider a child's development in setting expectations.

041 Supporting Children in Resolving Conflicts
Six problem-solving steps to help children resolve conflicts successfully. *24 minutes*

748 Understanding and Managing Behavior of Young Children
Causes of challenging behavior in young children. How to intervene effectively. Shows primarily special needs children. *53 minutes*

118-119 Very Practical Guide to Discipline with Young Children, Parts 1 and 2
Grace Mitchell's discipline techniques. Four stage approach: hesitate, investigate, evaluate, communicate. *30 min. each*

DIVERSITY

409 America's Civil Rights Movement
History of the civil rights movement in Montgomery, Little Rock, Birmingham and Selma. *38 minutes*

123 Anti-bias Curriculum
Helps children, as young as two, accept differences of gender and race and develop a positive self-image. *30 minutes*

604 Child Care in Three Cultures: Japan, China, Hawaii
Shows the different approaches to early care and education in these countries.

095 Culture and Education of Young Children with Carol Phillips
How teachers can identify and support important cultural differences. *16 minutes*

413 Culture: What Is It?
Shows how culture is influenced by environment, natural resources, religion, language, and technology. *11 minutes*

412 Cultures: Similarities & Differences
Information about different cultures aimed at age 10-12. *27minutes*

426 Daddy & Papa
Explores gay fatherhood and its impact on American culture. *55 minutes*

057 Diversity and Communication
Prepares teachers for today's diverse world by showing parents and child care providers views of communication conflicts. *34 min.*

058 Diversity and Conflict Management
Practical process for conflict management and resolution through role playing. *27 min.*

055 Diversity, Independence, Individuality

Focuses on diverse reactions and concerns (often culturally based) to scenes of children learning to be independent.

Available on DVD. 30 minutes

056 Diversity: Contrasting Perspectives

Gives example of how to respect those contrasting perspectives. 29 minutes

042 Diversity: Reconciling Contradictions

How to be culturally responsive and also be developmentally appropriate.

Available on DVD. 29 minutes

011 Happy to Be Nappy

Tales of special children who are empowered by their own uniqueness. 30 minutes

414 It Takes Many Colors to Make a Rainbow

Introduces an anti-bias, racial and cultural discrimination program. 11 minutes

403 It's Elementary: Talking About Gay Issues in School

Shows a class discussion addressing anti-gay prejudice and makes a powerful case for respecting ALL people. 1 hour, 17 min.

605 National Children's Castle

Describes Children's Castle, Japan's child care center and information/resource center and its activities. 15 minutes

417 Our House

Exploration of what it means to grow up with gay or lesbian parents. 57 minutes

626 Serving Biracial and Multiethnic Children and Their Families

Unique identity development of biracial children and their families. 30 minutes

410 Shadow of Hate

History of intolerance in America. 40 min.

Sights and Sounds of Children Series

Shows the nature, quality and effects of children's experiences prior to the first full year of formal schooling in various countries. Presents the variety of care/education settings available to families and documents the nature of children's experiences. Assesses how children's pre-primary experiences affect their development at age seven.

45 min. each

629 United States

630 Spain

631 Slovenia

632 Greece

633 Hong Kong

634 Italy

635 Romania

636 Poland

637 Belgium

638 Finland

639 Nigeria

640 Indonesia

641 Thailand

642 South Korea

643 China

122 Start Seeing Diversity

Guide to an anti-bias classroom. 52 min.

423 Starting Small

Visits five early childhood programs in which teachers and children are building tolerant classroom communities. 58 minutes

416 That's a Family

Helps kids understand many of the different shapes that families take today. 35 minutes

067 We All Belong: Multicultural Child Care that Works

Australian center which has transformed diversity into a creative force to build an authentic, multicultural program. 26 min.

FAMILY CHILD CARE**033 B.U.S.I.N.E.S.S. of Family Child Care**

Basics of family child care business. Spanish version available. 28 minutes

109 Business of Family Child Care

Record keeping, taxes, the Food Program, contracts, insurance. 25 minutes

063 Caring and Learning

Providers from different backgrounds providing high-quality care. Companion to "Creative Curriculum for Family Day Care." 23 minutes

117 Here At Home: Perspectives on Becoming a Family Child Care Provider

General information on opening a family child care home. 19 minutes

169 High/Scope Curriculum: Implementation in Family Child Care Homes

Teaching strategies, room arrangements, routines and small group time in three home-based child care settings. 19 minutes

308 How to Start a Family Day Care

Preparation, start-up, daily schedules, health and safety, elements of quality, accreditation, and recordkeeping. Spanish version available. 49 minutes

Let Babies Be Babies Series

Infant/toddler training for family child care providers.

183 Guiding the Journey to

Independence 19 minutes

184 Helping Babies Learn

19 minutes

185 Understanding the Partnership with Parents 16 minutes

186 Keeping Babies Healthy and Safe 33 minutes

187 Rethinking Infants and Toddlers 18 minutes

188 Caring for the Caregiver 18 min.

099 Many Right Ways

Designing your home child care environment. Spanish version available. 59 minutes

034 Quality Family Child Care

Issues and information about the profession of family child care.

Spoonful of Lovin' Series

Family Child Care Training. 30 min. each

112A Gourmet Guide to Family Home Day Care. Overview

112A From Birth to Three Years

112B Preschool and School-Age (ages 3-5 & 6-12)

112B Recipe for Happy Children

Room arrangement and daily activities

112C A Good Measure of Safety

064 Video Observations for Family Day Care Rating Scale

Vignettes to practice scoring various rating scale items; designed for either self-instruction or with an instructor. 26 min.

137 What Is Family Day Care? Let's Plan

Starting/maintaining a home child care; setting policies, establishing routines, keeping records, resources/support. 26 min.

Your Family Day Care Home Series

Training series for providers. 20 min. each

120A Child Development

120B Nutrition

121A Business Management

121B Health & Safety

HEALTH & SAFETY**317 Baby Alive**

Uses realistic issues and non-scare tactics to present safety prevention measures needed in home and child care centers. 60 minutes

350 Baby Talk

Details caring for your newborn with Jean Smart (from "Designing Women") and her husband, Richard Gilliland. 60 minutes

307 Baby-Safe Home, The

Specific examples of dangerous situations and how to baby-proof each room. 60 min.

339 Back to Sleep

Reduce the risk of sudden infant death syndrome (SIDS). Spanish version available.

1 min. loop

336 Before It's Too Late, Vaccinate

The best way to prevent diseases (measles, whooping cough, hepatitis B) is to vaccinate. Spanish version available. 14 minutes

327 Child Safety

Auto and car seat safety; childproofing the home; safety outside the home; toy safety. 23 minutes

363 Child Safety Outdoors

Car seat, playground, pool, tricycle, abduction safety and child CPR. Spanish version available. 25 minutes

321 Don't Touch That Gun

Teaches children age 3 to 5 NEVER to touch a gun under any circumstances. 20 minutes

337 E Hazards: They're Out There

Information about environmental health threats to kids: household products, second-hand smoke, pesticides, ultraviolet light, lead, contaminated water. 15 minutes

368 Easing Back

What to do after a back injury to reduce your pain and ease back into your usual routine. Spanish version available. 21 minutes

316 Emergency Preparedness

Emergency preparedness for earthquakes and other natural disasters. 15 minutes

370 Fresh Air for Little Noses

Smoke-free policies for preschools. 12 min.

318 Hooray for Handwashing

Stresses how to avoid the spread of disease and the importance of involving children in hand washing process. 20 minutes

325 Inmunizaciones: Que Aprendió Lily

The importance of immunizations. Spanish version only. 11 minutes

352 Infant and Toddler First Aid, Vol I: Accidents

Common childhood accidents and childproofing; explains what to do when calling for help (signs and symptoms to report). 36 minutes

312 Infant Health Care: A First Year Support Guide for New Parents

Dr. T. Berry Brazelton offers clear and concise infant care information regarding bathing, feeding, forming a family. 60 min.

458 Keeping Children Safe from Injury

Injury prevention program. **DVD Only.** Power point presentation on same DVD in Spanish, Chinese, Vietnamese and more.

311 Lice

Describes myths and misinformation on lice:

what they are, how they get on humans, and how to treat them. 12 minutes

343 Mr. Baby Proofer

Hands-on how-to guide to childproofing the home. 30 minutes

305 My Baby's Smoking?

Effects of secondhand smoke. Spanish version available. 21 minutes

334 Newborn Care

Basic newborn care including close-ups of breastfeeding, bowel movements. 20 minutes

329 On Fire: Family Guide to Fire Safety

Explains proper usage of fire safety equipment and shows how easy it is to develop your own family escape plan. 60 minutes

348 Poisoning Our Children: Perils of Secondhand Smoke

Risk of possible damage to developing organs from secondhand smoke. 12 minutes

366 Protecting Your Newborn

Safety issues to consider during baby's first six months of life. 26 minutes

244 Raising America's Children: Healthful Habits

See Raising America's Children *Series* under Child Development.

369 Right Call for Poison Help

Trains parents and providers to act quickly in suspected cases of poisoning. Spanish version available. 9 minutes

342 Safety for All Employers

Information about safe material handling, back care, office safety, blood-borne pathogens. 90 minutes

364 Sesame Street Lead Away!

Contains video, audio cassette and written materials in English and Spanish about lead poisoning awareness and prevention. 15 min.

346 Strengthening Wood Frame Homes for Earthquake Safety

Shows techniques for earthquake reinforcement on older, wood frame homes. 25 min.

354 There Comes a Time

Discusses when to take children to health care professionals including juggling work and children, taking days off. 12 minutes

338 Toddler Safety: Lily Thinks

Increases awareness of home safety for toddlers. Spanish version available. 15 min.

301 The Trouble With Lead

How to reduce the risk of lead poisoning during renovation or remodeling. 27 min.

344 We're Talkin' Earthquake

Songs and children's art illustrate what happens and what to do about earthquakes. 20 minutes

328 Your Healthy Baby

Helps children practice healthy habits of nutrition, exercise and regular preventative health care. 26 minutes

HEALTH & SAFETY IN A GROUP SETTING

335 Building A Safer Workplace, OSHA Blood-borne Pathogens Standard

Universal Standard for Bloodborne Pathogens and includes training package. 45 min.

320 Building Quality Child Care: Health and Safety

Illustrates how to design and administer a child care center that assures good health and safety. 20 minutes

355 Caring for Our Children, Part 1: Standards and You

Care of staff and general standards. 25 min.

356 Caring for Our Children, Part 2: Basic Caregiving

Shows ratios, planning activities, handwashing, diaper changing, discipline, parent involvement, daily log. 32 minutes

357 Caring for Our Children, Part 3: Ready for Anything

Planning ahead for medical emergencies; prevention, safe water play, observing and reporting abuse and neglect. 27 minutes

358 Caring for Our Children, Part 4: Setting Up for Healthy and Safe Care

Outside hazards, fencing, stairs, windows, evacuation plans, sufficient space, electrical safety, cribs, toy safety, poison, etc. 40 min.

359 Caring for Our Children, Part 5: Keeping It in Shape

Safety checklist of the environment, pest control, preventing spread of lice, first aid kit, water safety. 25 minutes

360 Caring for Our Children, Part 6: Illness in Child Care

Parent communication: attendance policies, health checks, confidentiality, medications, illness notification. 27 minutes

Child Care: Outdoor Safety Series

300 Setting Up the Rules

302 Kids on the Go

Illustrates how to design outdoor play areas

and establish safety rules for playgrounds and field trips *15-20 min. each*

345 Earthquake Preparedness: What Every Childcare Provider Should Know
Guides the preparation of child care environments (especially family child care) and for working with children. Spanish and Chinese versions available. *21 minutes*

309 Family Child Care Health and Safety
Tips on how to improve health and safety in family child care homes. *20 minutes*

349 Handwashing & Diapering
Methods for handwashing and diapering that will help prevent the spread of infection in the child care setting. *13 minutes*

351 Infection Control in Child Care Settings
How to reduce infections in child care. Spanish version available. *30 minutes*

145 It's Not Just Routine
Information on feeding, napping, and diapering. How to make routines a time for nurturing and learning. Chinese and Spanish versions available. *24 minutes*

371 Keeping Kids Healthy
How to prevent and manage the spread of communicable disease in child care settings. Spanish version available. *29 minutes*

310 Planning Safe Playgrounds
Planning for proper supervision, age appropriate design, surfacing and equipment, surfacing maintenance. *13 min.*

306 Prevent the Spread of Infection in Your Child Care Center
Shows causes of disease and details guidelines for sanitation. *20 minutes*

326 Preventing Disease Transmission
How infections occur, which diseases are of greatest concern, and how to prevent disease transmission. *19 minutes*

353 Safe Active Play
Explores potential hazards inside and outdoors. Suggests short- and long-term safe play alternatives. *34 minutes*

313 Safe Care: System For Hazard Prevention In Child Care
Explains (SAFE) for lessening hazards: Survey surroundings; analyze trouble spots; focus on prevention. *13 minutes*

112C Spoonful of Lovin': A Good Measure of Safety
See *Spoonful of Lovin' Series* under [Family Child Care](#).

323 Taking Charge: Coping with Disaster
How to develop a comprehensive plan for

managing psychological effects before, during and after emergencies. *29 minutes*

322 Taking Charge: Preparing for Disaster
Assists child care providers develop a comprehensive plan for effective response to emergency situations. *29 minutes*

121 Your Family Day Care Home: Health & Safety
See *Your Family Day Care Home Series* under [Family Child Care](#).

LANGUAGE DEVELOPMENT & EARLY LITERACY

California Dept. of Education Series

132 Observing Preschoolers
Looks at first and second language development in young children.

133 Talking With Preschoolers
Strategies for promoting first and second language development in young children. *30 min. each*

258 Developing Child 22: Language Development
Explains how learning language helps children reason, think, communicate feelings and needs, and relate to others. **Available on DVD.** *32 minutes*

053 Developing the Young Bilingual Learner
Importance of supporting children's home language while helping them learn English. Gives strategies for helping young children become bilingual learners. *21 minutes*

206 Early Book Stages
Developmental stages of children learning how to use books; demonstrates how to read to children beyond just words. *24 minutes*

568 Early Literacy
Importance of talking and reading to your baby. Incorporating literacy into everyday activities. *24 minutes*

010 Early Literacy: Sharing Books With Young Children
Provides family child care providers with tools to help build children's early literacy skills. Spanish version available.

154 Early Messages
How to enhance language development in infants and toddlers. Spanish version available. **Available on DVD.** *28 minutes*

032 Far Ago & Long Away: Innovative Storytelling
Benefits of storytelling for early literacy

experiences. How to polish storytelling skills. Spanish version available. *28 minutes*

First Steps Series. Support for language development of all infants and toddlers, those developing typically and those with delays or disorders. Spanish version available.

Available on DVD. *30 min. each*
037 Beginning Language Connections
038 Reading the Child's Message
039 Talking with Young Children
040 Building Conversations

Good Talking With You Series
Series for developing language and communication skills in young children. *30 min. each*

194 Oh Say What They See: Basic skills for parents
195 Let's Talk
196 Now You're Talking: Modeling techniques to extend conversation
197 Between You and Me: How adults can act as language facilitators
198 Space to Grow: How teachers influence language.

Language Is The Key Series
Programs for building language and literacy in early childhood. In Chinese and Vietnamese only. **DVD only.**

453 Talking and Books *24 minutes*
454 Talking and Play *24 minutes*

202 Learning to Communicate: The First Three Years
Milestones of normal language development with warning signs which indicate possible delays in speech and language. *11 minutes*

203 Little Neva Learns to Talk
Shows enriched language development for child (3 to 23 months) whose parents/home caregiver use "Talking From Infancy" program. *59 minutes*

241 Raising America's Children: Listening & Talking
See *Raising America's Children Series* under [Child Development](#).

569 Read Aloud
How to read books with young children so they become lifelong readers. Everyone can do it, even non-literate adults. Available in seven languages *13 minutes*

606 Signing Time
Teaching children sign language, ages 0-5. *30 minutes*

Starting Points Series
For educators of culturally and linguistically diverse young children. **Available on DVD.**
027 I Don't Know Where to Start
Assists mainstream teachers to develop

attitudes & create environments, practices, and routines that best welcome and support diverse learners. *33 min.*
028 Getting Your Message Across
Communication strategies that boost understanding. *35 minutes*
029 Bringing Language Alive!
Key elements of first and second language acquisition. *30 minutes*

199 Stuttering and Your Child
Information on stuttering, what it is and what parents can do to help their child. *30 minutes*

204 Talking From Infancy
Guide for using language interactively in play and care routines. Companion video: "Little Neva Learns to Talk." *96 minutes*

439 A World Full of Language
Supporting preschool English learners.
DVD only. Spanish on same DVD.

NUTRITION

314 Baby Its You: Feeding your Baby
Nutrition information for new parents.
Spanish version only. *13 minutes*

303 Feeding With Love and Good Sense
Evaluates various feeding methods and reviews proper feeding techniques. *60 min.*

361 Feeding Your Baby
Encourages and supports 1) new parents; 2) breastfeeding with bottle feeding; 3) infant formula usage. *21 minutes*

375 Food & Fitness Matter
Raising healthy, active kids. *24 minutes*

362 Food for Thought
Offers suggestions on dealing with picky eaters, keeping the dinner time pleasant and involving the entire family in meal preparation. Spanish version available. *12 minutes*

315 Food Safety Is No Mystery
Sanitation and personal hygiene, safe food preparation, preventing cross contamination, safe cooling, reheating techniques. *35 min.*

367 For Goodness Sake! Prevent Anemia
Iron-deficiency anemia in low-income preschoolers. Spanish version available. *12 minutes*

365 Ingredients for a Good Start
Information for child care providers on how to meet children's nutrition and mealtime needs. Spanish version available. *25 minutes*

347 It's About Food
Covers a wide range of family nutrition topics. Spanish version only. *2 hrs.*

319 Lily Does Lunch: Nutrition at Noon
Spanish version only. *10 minutes*

341 Smart Snacking for Children
Shows three different moms and their children using snack time as an opportunity to give children important nutrients. Spanish version available. *12 minutes*

372 Today's Special
Shaping healthy food choices in child care programs. Available in Spanish. *26 min.*

120 Your Family Day Care Home: Nutrition
See Your Family Day Care Home *Series* under Family Child Care.

PARENTING

578 1,2,3,4 Parents! Part I
Four stages of child development and how to enhance learning at each stage. Shows three parenting styles. *17 minutes*
Spanish version, 30 minutes

541 Among Three Cultures: Home, School, Peers
Cultures of home, school and "peer pressure" and their powerful impacts on children's lives. Spanish version available. *30 min.*

501 Aplauda
Offers activities for parents to do with preschool children including motor skills and reading. Spanish version only. *12 min.*

408 Belly Buttons Are Not Navels
Illustrates for children 3-6 years the importance of labeling and identifying body parts with correct terminology. *12 minutes*

506 Blended Families (Yours, Mine and Ours)
How to talk about starting or being in a "blended" or step-parent family. *29 minutes*

580 Child Management: Who's Really in Charge?
Shows "good" and "bad" management techniques. Specific do's and don'ts are presented. *17 minutes*

563 Children of Divorce
Discussion with authorities, parents, young and now-adult children of divorce about the effects of divorce on children. *60 minutes*

422 Children of Single Parents: Where'd My Other Parent Go?
Looks at many different kinds of single parenting families and explores the common feelings generated in children as members of single-parent families. *20 minutes*

447 The Dad Difference. Vol I: Baby Basics

Candid comments and practical tips from fathers on becoming more connected with their babies. **DVD only.** *34 minutes*
448 The Dad Difference. Vol II: Involved From the Start
Designed to motivate dads to connect with their children. **DVD only.** *32 minutes*

540 Decisions! Decisions!
Discusses how to teach decision-making and problem-solving techniques to children. Spanish version available. *30 minutes*

404 Effects of Divorce
Negative effects of divorce. Signs of emotional trauma in children. guidelines for how to lessen these effects. *20 minutes*

539 Expecting the Most From Children
Illustrates how parents and educators can motivate children to believe themselves capable of achieving their fullest potential. Spanish version available. *30 minutes*

513 Families Talk About ... Education Starts At Home
Visits five families to show how they turn everyday work and play activities into positive learning experiences. *24 minutes*

500 Fast Times, Risky Futures
Addresses teenage trends in middle class Bay Area homes. *55 minutes*

445 Fathers Matter
New roles, challenges, and opportunities for today's urban fathers. **DVD only.** *19 min.*

542 Feeling Good – My Child, Too!
Parents help their children build self-esteem. Spanish version available. *30 minutes*

527 Good Job! Moms at Work, Kids at Play
Facilitates a parent/child discussion of where mom goes after she says good-bye. *15 min.*

Grandparents as Parents Series
Trainings for grandparents and family caregivers. Spanish version available.
007 Grandparents as Parents *38 min.*
008 Supporting Infant/Toddler Social-Emotional Behavior *31 minutes*
009 Addressing Challenging Behaviors *31 minutes*

509 Healing Wounded Hearts
Creates a healthy environment to discuss feelings associated with divorce. *45 min.*

503 How to Listen to a Child
Illustrates how to listen to children so they know they are being heard and how to understand beyond the words. *9 minutes*

524 In Charge At Home (Latchkey Kids)

Latch-key children and how they handle a variety of home-alone situations. *21 min.*

406 Kids Ask About War

Shows that children need opportunities to voice opinions and feelings when under stress. *30 minutes*

544 Kindergarten – Here I Am!

Preparing children for the first days at school. Spanish version only. *30 minutes*

006 Lean On Me

Stories of grandparents and other relatives raising children. **Also on DVD.** *24 minutes*

545 Let's Get a Move On!

Offers advice on a family move. *30 minutes*

591 Lo Que Mama' y Papa' Deberian Saber

Discussion of everyday problems of raising children - separation, discipline, family issues. Spanish version only. *71 min.*

418 Monsters in the Closet: Childhood Fears

Types of fears that affect children during different developmental stages. Ways to help children cope. *17 minutes*

500 A Mother is a Mother

Teenage unwed mothers discussing their experiences and expectations. *30 minutes*

537 New Fathers, New Lives

Men share their feelings/experiences of work and family; includes father's role, jealousy of mother, loss of intimacy. *23 minutes*

573 Parenting: Basics of Proactive Parenting

Different parenting styles: authoritarian, authoritative and permissive. Analyze your style and learn how to improve the quality of your home & family. *22 minutes*

576 Parenting: Successful Motivation

The cycle of motivation. Why internal motivation is preferred to external motivation. *22 minutes*

Parenting Puzzle Series

Interactive approaches to solving problems and handling disagreements between parents and young people. Spanish version available.

571 Middle Years, Part I: Tell Me More *27 minutes*

572 Middle Years, Part II; Like the Blades of a Scissors *27 minutes*

Parenting Works! Series

How to navigate the most common parenting challenges. Spanish version available.

27 minutes each

583 Vol. 1, Bedtime, Friends, Food

584 Vol. 2, Family, Television, Babysitting

585 Vol. 3, Responsibility, Safety, Siblings

586 Vol. 4, Playing, Misbehavior, Work and Family, Parents

520-522 Parentmaking Educators Training Program, Volumes I, II and III

Offers skills development course for trainers of parenting classes. *2 hours each*

550 Playlistening

Outlines how parents can play with their children so that the child's need to feel cherished is understood. *38 minutes*

579 Pre-school Activities: Mommy / Daddy, I'm Bored!

Enriching quality-time games that will draw parent and child closer together. *17 minutes*

419 Preschool Parent

Four families and their efforts to build confidence and encourage natural curiosity in their young children. *30 minutes*

525 Raising Competent Girls

Uses classroom illustrations to show how teachers give boys more attention. *45 minutes*

543 Ready or Not – Here I Come: School Readiness

Help children begin their educational experience feeling good about school and themselves. Spanish version available. *30 minutes*

415 Sexperts: Miscommunication About Teen Pregnancy

Investigative report into difficulties adults and teens experience in talking and listening to each other about teen pregnancy. *40 min.*

560 Sibling Bickering: Tips on Breaking the Cycle

Outlines specific strategies that help show improvement over time. *15 minutes*

548 Siblings: Why Do They Fight & What Can We Do About It?

Presents lecture on sibling rivalry by Ruth Pearce, founder of the Assn. of Child Development Specialists. *60 minutes*

446 Single Parenting

Urban single parents talk frankly about their challenges and successes. **DVD only.** *21 minutes*

554 Single Parenting: One-Parent Families

Discusses single parents dealing with day-to-day issues. *27 minutes*

421 Solutions to Ten Common Parenting Problems

Simple and realistic solutions to many problems experienced by parents of young children. *30 minutes*

528 Styles of Parenting For Educators Teaching Parenting

Dr. Robert Karen explains how parents can raise securely attached children. *24 minutes*

076 Table Talk: How Far Is Too Far?

Parents and kids discuss indecency and violence in the media. *30 minutes*

227 Television and Children Today: Conversation with Bob Keeshan

Discusses the negative effects of television on children and how to help them resist excessive TV watching. *17 minutes*

526 Ten Ways to be a Better Parent

Presents ways to develop trust, importance of spending time together and benefits of communication. *25 minutes*

234 Violence and Young Children: Reducing the Risks

Discusses how parents, teachers and child care providers can prepare children to deal with violence in our world. *18 minutes*

Virtual Pre-K Series

An interactive teaching resource that connects school, home and community. **DVD only.**

455 All about Me

456 Taking Care of Me

407 What Kids Want to Know About Sex and Growing Up

Discussion with children and parents about puberty, sex, reproduction and responsibility. (For children 8 years and up.) *50 min.*

Video Checkout Procedures

- Videos, tapes, slides and other audio-visual materials can be reserved by phone at 658-7353. BANANAS can also provide computer searches on key topics.
- All video loans are for a maximum of five working days.
- No more than two items may be borrowed at one time.
- Audio-visual materials are to be returned to a BANANAS' staff member during regular business hours: Monday-Thursday, 9:30am-4:30pm; Friday, 9:30am-1:00pm; Tuesday evenings until 8:00pm.
- There is a **\$50.00 deposit** for up to two items. Only checks will be accepted for deposits. When the materials are returned, the check is given back to the client. If materials are not returned on time, checks will be deposited by BANANAS.
- **If a video is not returned, the deposit check will be forfeited and the client will lose borrowing privileges.**

BANANAS Child Care Resource and Referral provides comprehensive information and support to parents and child care providers residing in Northern Alameda County. Some of the services offered to parents include referrals to child care programs, handouts to help parents with selecting child care and with child development issues, and workshops on various topics. Some of the services offered to child care providers include workshops and classes (some through Merritt College) on child development and business topics as well as technical support to new and established child care homes and centers.

BANANAS' services are offered in English, Amharic, Cantonese, Laotian, Mandarin, Spanish, Thai, Tigrigna, Mien, and Vietnamese.

Our telephone lines are as follows:

General Information	658-7353
Child Care Referrals	658-0381
Warm Line	658-6046

